

# DANCE (DANCE)

## DANCE 100 – UNDERSTANDING DANCE

1 credit.

Builds understanding and appreciation for the field of Dance. Delves into dance and its' many facets, integrating, theoretical, historical, and embodied learning through viewing, reading, reflecting, discussing and finally, creating. Develops students into an informed audience and encourages relevance to other disciplines.

**Requisites:** None

**Course Designation:** Breadth - Humanities

Level - Elementary

L&S Credit - Counts as Liberal Arts and Science credit in L&S

**Repeatable for Credit:** No

**Last Taught:** Spring 2025

## DANCE 101 – SOCIAL DANCE I

1 credit.

Introduction to basic movement concepts and skills involved in social dancing. Covers the fundamental skills in leading and following, rhythm, and style of the Waltz, Fox Trot, Jitterbug/Swing, Tango, and Cha-Cha. Many social dance forms require that participants work in pairs, which will switch throughout the semester. Other dances may be explored.

**Requisites:** None

**Repeatable for Credit:** No

**Last Taught:** Spring 2025

**Learning Outcomes:** 1. Develop awareness of proper body alignment and its relationship to efficient and coordinated movement

Audience: Undergraduate

2. Develop the rhythmic skills needed to move accurately with the specific rhythmic structure of dance and music forms

Audience: Undergraduate

3. Develop competency in performing the basic social dance steps and variations presented in class.

Audience: Undergraduate

4. Develop "leading and following" skills and performance in each designated role

Audience: Undergraduate

5. Develop and apply a proper social dance style and technique

Audience: Undergraduate

6. Develop confidence in the ability to dance socially outside the classroom situation

Audience: Undergraduate

## DANCE 102 – SOCIAL DANCE II

1 credit.

Improves and expands social dance skills. Covers the fundamental skills in leaning and following, rhythm, and style of the Fox Trot, Jitterbug/Swing, Waltz, Cha-Cha, Tango, Rumba, Merengue, and Polka. Other social dances may be explored.

**Requisites:** DANCE 101

**Repeatable for Credit:** No

**Last Taught:** Spring 2025

**Learning Outcomes:** 1. Improve style and rhythm.

Audience: Undergraduate

2. Learn to manipulate rhythm in a dance.

Audience: Undergraduate

3. Increase social dance vocabulary.

Audience: Undergraduate

4. Gain ability to adapt to various tempos and types of music.

Audience: Undergraduate

5. Increase confidence in the ability to create dance steps.

Audience: Undergraduate

6. Create notations for recording learned and original dance steps.

Audience: Undergraduate

7. Translate skills to social dance settings outside of the classroom.

Audience: Undergraduate

8. Share knowledge with community.

Audience: Undergraduate

**DANCE 103 – MODERN JAZZ DANCE**

1 credit.

Introduction to Modern Jazz Dance with emphasis on practical application, including center work, traveling, and memorized movement sequences.

**Requisites:** None

**Repeatable for Credit:** No

**Last Taught:** Spring 2025

**Learning Outcomes:** 1. Exhibit a basic knowledge of modern jazz techniques and vocabulary.

Audience: Undergraduate

2. Show physical development of strength, flexibility, and endurance.

Audience: Undergraduate

3. Increase spatial awareness, definition and execution of line and form, and rhythmical acuity/musicality.

Audience: Undergraduate

4. Learn to prevent injuries while participating in dance and other physical activities.

Audience: Undergraduate

5. Demonstrate ability to understand and employ self-evaluation skills

Audience: Undergraduate

6. Display an understanding of the discipline, motivation, and concentration.

Audience: Undergraduate

7. Display self-awareness and confidence.

Audience: Undergraduate

**DANCE 105 – BALLET I**

1 credit.

Emphasizes the study and practice of the fundamental principles of Ballet technique and exploration of the body as a creative and expressive instrument. Movement based experiential learning.

**Requisites:** None

**Repeatable for Credit:** No

**Last Taught:** Spring 2025

**Learning Outcomes:** 1. Increase the understanding of concepts fundamental to Ballet technique.

Audience: Undergraduate

2. Apply Anatomy and Biomechanics to alignment, efficiency, safety, and aesthetic line in the art form of Ballet.

Audience: Undergraduate

3. Practice evaluation and critique of movement execution.

Audience: Undergraduate

4. Perform movement qualities with clarity.

Audience: Undergraduate

5. Build speed, strength, fluidity, and flexibility in the execution of movement.

Audience: Undergraduate

6. Demonstrate a working vocabulary and technical skills for further study of Ballet technique.

Audience: Undergraduate

**DANCE 106 – BALLET II**

1 credit.

Emphasizes the study and practice of the fundamental principles of Ballet technique and exploration of the body as a creative and expressive instrument.

**Requisites:** None**Repeatable for Credit:** No**Last Taught:** Spring 2025**Learning Outcomes:** 1. Demonstrate understanding of concepts fundamental to Ballet technique.

Audience: Undergraduate

2. Apply Anatomy and Biomechanics concepts to alignment, efficiency, safety, and aesthetic line in the art form of Ballet.

Audience: Undergraduate

3. Evaluate and critique movement execution.

Audience: Undergraduate

4. Perform movement qualities with clarity.

Audience: Undergraduate

5. Demonstrate speed, strength, fluidity, and flexibility in the execution of movement.

Audience: Undergraduate

6. Learn a working vocabulary and technical skill for further study of Ballet technique.

Audience: Undergraduate

**DANCE 107 – CONTEMPORARY DANCE I**

1 credit.

Emphasizes the study and practice of the Contemporary dance technique and exploration of the body as a creative and expressive instrument capable of gaining new understanding through the art of dance.

**Requisites:** None**Repeatable for Credit:** No**Last Taught:** Spring 2025**Learning Outcomes:** 1. Develop an appreciation and understanding of dance as an art form

Audience: Undergraduate

2. Develop an understanding and awareness of the body's movement potential

Audience: Undergraduate

3. Increase movement efficiency and expressiveness as individual dance artists

Audience: Undergraduate

4. Explore varying elements of dance and how to manipulate and/or utilize those elements for creative and expressive communication

Audience: Undergraduate

**DANCE 108 – CONTEMPORARY DANCE II**

1 credit.

Emphasizes the study and practice of the Contemporary dance technique and exploration of the body as a creative and expressive instrument capable of gaining new understanding through the art of dance.

**Requisites:** None**Repeatable for Credit:** No**Last Taught:** Spring 2025**Learning Outcomes:** 1. Demonstrate understanding of concepts fundamental to Contemporary dance technique.

Audience: Undergraduate

2. Manipulate the elements of dance for creative and expressive communication and understanding: space, time, force/energy/movement qualities

Audience: Undergraduate

3. Develop personal expression and group awareness through movement

Audience: Undergraduate

4. Increase the body's facility for health and expression

Audience: Undergraduate

5. Apply a working vocabulary and technical skills for further study of Contemporary technique; a survey of Contemporary Dance Technique Principles.

Audience: Undergraduate

6. Apply basic skills: basic locomotion, simple pathways, and direction changes.

Audience: Undergraduate

### **DANCE 110 – WORKSHOP IN DANCE ACTIVITY**

1-2 credits.

Explores the creative and expressive aspects of dance movement. Develops technical skills and creative ability through whole body work on flexibility, strength, alignment, endurance, movement and improvisation. Develops appreciation of dance as an art form.

**Requisites:** None

**Repeatable for Credit:** Yes, unlimited number of completions

**Last Taught:** Spring 2025

**Learning Outcomes:** 1. Gain awareness of Contemporary Dance as an expressive art form.

Audience: Undergraduate

2. Develop Contemporary Dance techniques.

Audience: Undergraduate

3. Manipulate the elements of dance for creative and expressive communication: space, time, force/energy/movement qualities.

Audience: Undergraduate

4. Develop personal expression and group awareness through movement.

Audience: Undergraduate

5. Gain skills for improvising with movement.

Audience: Undergraduate

6. Increase the body's facility for health and expression through Bartenieff's Six Body Connectivity Patterns.

Audience: Undergraduate

7. Learn a working vocabulary and technical skills for further study of Contemporary technique.

Audience: Undergraduate

8. Apply basic skills in Contemporary Dance, including basic locomotion, simple pathways, and direction changes.

Audience: Undergraduate

### **DANCE 111 – CONTEMPORARY DANCE TECHNIQUE AND THEORY I**

1-3 credits.

Level I Core course in technique. Study and practice of the fundamental principles of contemporary dance technique and theory. Exploration of the body as a creative and expressive instrument. Audition at first class meeting determines course eligibility and placement.

**Requisites:** None

**Repeatable for Credit:** Yes, unlimited number of completions

**Last Taught:** Fall 2024

### **DANCE 112 – CONTEMPORARY DANCE TECHNIQUE AND THEORY II**

1-3 credits.

Level I Core course in technique. Study and practice of the fundamental principles of contemporary dance technique and theory. Exploration of the body as a creative and expressive instrument. Audition at first class meeting determines course eligibility and placement.

**Requisites:** None

**Repeatable for Credit:** Yes, unlimited number of completions

**Last Taught:** Spring 2025

### **DANCE 115 – HIP-HOP DANCE TECHNIQUE AND THEORY I**

1-2 credits.

Provides an introduction to foundational movement technical knowledge necessary to perform Hip-Hop dance safely with form and skill. Introduces the theory, practice, aesthetics, and historical foundations of hip-hop dance. Hip-Hop dance is an artistic manifestation of Hip-Hop culture with dances and movement activities related to histories and philosophies as well as improvisatory states of expression. Engage with the history, theory and philosophy surrounding the dance vocabulary, which directly impacts the physical intelligence of the dancer. Explore the roots of funk and Hip-Hop dance in the social fabric of African, Caribbean, and Afro-Latin cultures while examining reinventions of ragtime, swing, and rock n' roll throughout the 20th and 21st centuries in America.

**Requisites:** None

**Repeatable for Credit:** Yes, for 2 number of completions

**Last Taught:** Spring 2025

**Learning Outcomes:** 1. Demonstrate sound knowledge of Hip-Hop/funk vocabulary with technical clarity and rhythmic accuracy - use technical approaches to encourage safe and efficient movement articulation

Audience: Undergraduate

2. Demonstrate knowledge and understanding of terminology and historical foundation of technique and codified language in Hip-Hop/funk movement vocabulary

Audience: Undergraduate

3. Develop interpretation and communication skills as a dance artist. Use African aesthetics hip hop/funk vocabulary to develop personal artistry through improvisation

Audience: Undergraduate

4. Explain the deep-rooted structure and retention of language, music and movement in the African Diaspora

Audience: Undergraduate

### **DANCE 116 – WORKSHOP IN WORLD DANCE**

2 credits.

Exploration in different traditional or folk dance forms from around the world.

**Requisites:** None

**Repeatable for Credit:** Yes, unlimited number of completions

**Last Taught:** Fall 2015

**DANCE 118 – AFRICAN DANCE**

1 credit.

Technique and practice of several basic African dance forms with study of their musical, historical and cultural contexts.

**Requisites:** None**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2025**DANCE/ASIAN AM 121 – ASIAN AMERICAN MOVEMENT**

3 credits.

Techniques of exercises and movement forms derived from several Asian cultures as taught in the United States. Studied in the context of the construction and expression of ethnic and cultural identity.

**Requisites:** None**Course Designation:** Ethnic St - Counts toward Ethnic Studies requirement

Level - Elementary

L&amp;S Credit - Counts as Liberal Arts and Science credit in L&amp;S

**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2025**DANCE 125 – BALLET TECHNIQUE I**

1-2 credits.

Introduction to basic skills and terminology; includes barrework, center work, petit allegro, grand allegro; focus on form, kinesthetic principles and aesthetic values.

**Requisites:** None**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2025**DANCE 126 – BALLET TECHNIQUE I-B**

1-2 credits.

Level I Core continued expanding terminology, further developing barre work, center work, petit allegro, grand allegro; focus on form, kinesthetic principles and aesthetic values.

**Requisites:** None**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2025

**Learning Outcomes:** 1. Demonstrate technical specificity, musicality and artistic confidence in ballet technique through sequenced skill level progressions

Audience: Undergraduate

2. Demonstrate growth in theoretic, performance, and creative work through reflective and critical assessment approaches

Audience: Undergraduate

**DANCE 131 – SOMATIC THEORY AND PRACTICES**

2 credits.

Integration of body and mind is explored through various somatic practices.

**Requisites:** None**Repeatable for Credit:** No**Last Taught:** Spring 2025**DANCE 132 – WORKSHOP IN BODY STUDIES AND PRACTICES**

1 credit.

A laboratory in mind-body practice. Topics titles reflect the type of body practices or modalities covered. Each specific practice focuses on increased bodily awareness and function for the performing artist. Includes movement practices, readings, discussion, writing assignments, videos and performances/lectures.

**Requisites:** None**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2025**DANCE 133 – RELAXATION TECHNIQUES FOR EMBODIMENT AND STRESS MANAGEMENT**

1 credit.

Study and practice of neuro-muscular relaxation, self-regulation, focus/concentration, stress/anxiety management, and body awareness.

Exploration of the body as a creative tool to facilitate ease of movement and flexible approaches to stressors.

**Requisites:** None**Repeatable for Credit:** No**Last Taught:** Spring 2025

**Learning Outcomes:** 1. Develop an ability to consciously achieve a deep state of muscular relaxation.

Audience: Undergraduate

2. Cultivate ease of movement and maintain or improve flexibility.

Audience: Undergraduate

3. Develop awareness of the stress response on overall functioning and techniques for maximizing ability to deal with it positively.

Audience: Undergraduate

4. Learn and understand the basic principles of neuro-muscular relaxation, flexibility and the physiology of stress.

Audience: Undergraduate

5. Learn multiple methods of relaxation and through exploration find the techniques that work best.

Audience: Undergraduate

6. Develop and utilize a stress management plan and a regular practice of relaxation and movement.

Audience: Undergraduate

**DANCE 135 – PILATES MAT I**

1 credit.

Pilates is a physical conditioning program that creates balance, improves posture, decompresses joints and creates elongated, toned muscles. The exercises focus on core strength, breath, and a flexible spine. Incorporates Level I-III Mat exercises. Explore functional anatomy and imagery-based alignment.

**Requisites:** None**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2025

**DANCE 136 – PILATES EQUIPMENT I**

2 credits.

Focuses on learning Level I II (Lab I) exercises on the Pilates equipment, which includes the Reformer, Cadillac, Low Chair, and High Barrel.

**Requisites:** None**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2025**Learning Outcomes:** 1. Demonstrate clear body awareness by responding to verbal, visual and kinesthetic cuing

Audience: Undergraduate

2. Execute Pilates exercises with attention to detail and efficient musculoskeletal alignment

Audience: Undergraduate

3. Develop strength, coordination and flexibility

Audience: Undergraduate

4. Implement different strategies for breathing and coordinate movement with breath

Audience: Undergraduate

5. Maintain consistent mental focus while exercising, effectively applying imagery and anatomical concepts

Audience: Undergraduate

6. Memorize and perform the Intermediate Pilates Reformer flow

Audience: Undergraduate

**DANCE 140 – DANCE PRODUCTION**

2 credits.

Introduction to design and production for the performing arts with emphasis on dance. Covers the use of lighting, sound and other scenographic elements in theory and with practical experience.

**Requisites:** None**Repeatable for Credit:** No**Last Taught:** Spring 2025**DANCE 156 – MOVEMENT AS MATERIAL THROUGH IMPROVISATION**

2 credits.

Use of improvisation to develop a personal movement vocabulary and explore compositional form.

**Requisites:** None**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Fall 2024**DANCE 157 – INTRODUCTION TO MOVEMENT ANALYSIS**

2 credits.

An examination of the qualitative variations in movement processes as they relate to human function and expression.

**Requisites:** None**Repeatable for Credit:** No**Last Taught:** Fall 2024**DANCE 159 – COLLABORATIVE ARTS WORKSHOP**

2 credits.

Focuses on sharing ideas by creating dance and theatre through a collaborative process. Exposes a range of artistic disciplines with the focus of collaboratively developing a concert program projected through the lens of hip hop theatre. Engage in various art disciplines to develop interdisciplinary tools through a collaborative process that will strengthen and teach creative problem solving skills. By audition

**Requisites:** Consent of instructor**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2016**DANCE 162 – FIRST YEAR WORKSHOP**

1 credit.

Introduction to the world of contemporary dance, and covers topics in contemporary dance performance and professionalism.

**Requisites:** Declared in Dance or Dance**Repeatable for Credit:** No**Last Taught:** Fall 2024**DANCE 165 – INTRODUCTION TO THE HISTORIES OF DANCE**

3 credits.

A survey providing a framework for understanding and appreciating the significance of dance in and as human culture.

**Requisites:** None**Course Designation:** Breadth - Humanities

Level - Elementary

L&amp;S Credit - Counts as Liberal Arts and Science credit in L&amp;S

**Repeatable for Credit:** No**Last Taught:** Spring 2025**Learning Outcomes:** 1. Understand dance as a form of human expression and communication.

Audience: Undergraduate

2. Investigate dances in relation to their larger social, cultural, and political contexts.

Audience: Undergraduate

3. Investigate the differences and similarities of dance in various cultures and historical periods

Audience: Undergraduate

4. Appreciate the infinite variety of human movement that can be called dance.

Audience: Undergraduate

5. Understand critical issues in dance and culture historically and at present

Audience: Undergraduate

6. Apply criteria and methods for observing, interpreting, and explaining dance in historical contexts to written critique.

Audience: Undergraduate

**DANCE 168 – DANCING GENDER: EMBODIMENT, POLITICS AND FEMINIST THEORY**

3 credits.

Gender theories and feminist theories focus on the body as the main site where gender distinctions are understood. As the body holds a central position in the art of dance and the academic discipline of dance studies, explores gender and feminist theories through the lens of dance. Drawing on a wide array of examples and dance genres ranging from across the globe (such as Ballroom, Bollywood, Folk Dance, Ballet and more) introduces the cultural specificity of gender norms and the ways that dance has the potential to challenge heteronormativity through performance.

**Requisites:** None**Course Designation:** Breadth - Either Humanities or Social Science Level - Elementary

L&amp;S Credit - Counts as Liberal Arts and Science credit in L&amp;S

**Repeatable for Credit:** No**Last Taught:** Spring 2025**DANCE 200 – WRITING THE MOVING BODY**

3 credits.

Examines performance texts from the 20th century to the present, and applies them through written analyses.

**Requisites:** None**Course Designation:** Gen Ed - Communication Part B**Repeatable for Credit:** No**Last Taught:** Fall 2024**DANCE 205 – DANCE**

1-4 credits.

Introduction to basic elements of modern, jazz and ballet dance forms; emphasis on dance in the physical education curriculum.

**Requisites:** None**Repeatable for Credit:** No**Last Taught:** Spring 2017**DANCE 211 – CONTEMPORARY DANCE TECHNIQUE AND THEORY III**

1-3 credits.

Continuation of DANCE 111 and DANCE 112. Exploration of dance dynamics and quality through improvisation and the practice of set dance sequences.

**Requisites:** None**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Fall 2024**DANCE 212 – CONTEMPORARY DANCE TECHNIQUE AND THEORY IV**

1-3 credits.

Continuation of DANCE 211. Further development of skills. Development of dance phrases and movement vocabulary for invention.

**Requisites:** None**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2025**DANCE 213 – NEW MOVEMENT TECHNIQUES**

1-2 credits.

Exploration of new movement techniques in dance outside of traditional forms and methods.

**Requisites:** None**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2025**DANCE/THEATRE 218 – AFRICAN DANCE PERFORMANCE**

2 credits.

Technique, practice and performance of complex African and African-based dances in relation to polyrhythmic musical and percussive accompaniment. Study of historical and cultural contexts of these forms. Development of improvisational skills in dialogue with musicians.

**Requisites:** DANCE 118**Course Designation:** Breadth - Humanities

Level - Intermediate

L&amp;S Credit - Counts as Liberal Arts and Science credit in L&amp;S

**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Fall 2017**DANCE 225 – BALLET TECHNIQUE II**

1-2 credits.

Emphasis on basic skills; barrework, center work, petit and grand allegro, adagio, and increased use of demi-pointe. Focus on form, kinesthetic principles and aesthetic values.

**Requisites:** None**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2025**DANCE 226 – BALLET TECHNIQUE II-B**

1-2 credits.

Level II Core continued expanding terminology, further developing barre work, center work, petit allegro, grand allegro; focus on form, kinesthetic principles and aesthetic values.

**Requisites:** None**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2025

**Learning Outcomes:** 1. Demonstrate technical specificity, musicality and artistic confidence in ballet technique through sequenced skill level progression

Audience: Undergraduate

**DANCE 231 – INTRODUCTION TO DANCE/MOVEMENT THERAPY**

3 credits.

Orientation to the scope of dance therapy as a profession. Historical framework, theoretical rationale, and present application of dance/movement therapy.

**Requisites:** None

**Repeatable for Credit:** No

**Last Taught:** Fall 2024

**Learning Outcomes:** 1. Gain factual knowledge of the history of dance/movement therapy and the requirements for practicing in the field. This includes learning about the American Dance Therapy Association

Audience: Undergraduate

2. Understand how DMT is used with a variety of issues, e.g. autism, learning disabilities, abuse, woman's issues, etc. & within a number of structures such as individuals, groups, families, classrooms.

Audience: Undergraduate

3. Understand movement connections between body, mind, and spirit. Gain a sense of what DMT has to offer without actually doing therapy in class.

Audience: Undergraduate

4. Develop awareness of the various applications of basic dance therapy theory & concepts to other related fields such as counseling, teaching, occupational and physical therapy, violence prevention, etc.

Audience: Undergraduate

5. Apply concepts and skills from the Violence Prevention through Movement Curriculum to therapy and education.

Audience: Undergraduate

6. Develop knowledge of different cultural approaches to child development.

Audience: Undergraduate

7. Understand connections between theories that use creativity to explore feelings and create change in other creative art therapies such as music, art, and drama therapy.

Audience: Undergraduate

**DANCE 232 – INTRODUCTION TO DYNAMICS OF DANCE THERAPY**

3 credits.

Continued development of the field of dance/movement therapy with specific emphasis on DMT with specific populations and research in the field. Fieldwork in community programs is required.

**Requisites:** DANCE 231

**Course Designation:** Level - Elementary

L&S Credit - Counts as Liberal Arts and Science credit in L&S

**Repeatable for Credit:** No

**Last Taught:** Spring 2025

**Learning Outcomes:** 1. Cultivate body-mind connections through movement experiences, somatic explorations, journaling, art, and discussions.

Audience: Undergraduate

2. Gain knowledge of the efficacy of DMT through reading, writing and discussing research in the field.

Audience: Undergraduate

3. Gain factual knowledge about the needs of different populations that DMT is effective with e.g. autism, learning disabilities, abuse, woman's issues, elderly, physical disabilities, handicapped, pain, anxiety, depression, etc. through readings, discussion and movement activities. This includes exploring different structures such as individuals, small groups, families and classrooms.

Audience: Undergraduate

4. Create a document of movement experiences using props to work on specific goals through movement exploration and discussion.

Audience: Undergraduate

5. Understand the flow of a DMT session –role of the beginning, middle and end of a session through movement exploration, videos of actual DMT sessions, and readings.

Audience: Undergraduate



### **DANCE 233 – DISARMING THE PLAYGROUND: VIOLENCE PREVENTION THROUGH MOVEMENT**

1 credit.

Study and Practice of using movement, body awareness, creativity and discussion to experience and develop skills to teach others embodied practices for handling stress, anxiety, conflicts, etc. in a peaceful, healthy way. Learn how to use tools to set healthy boundaries and deal with conflicts in the classroom or your life. Receive a thorough introduction to the Disarming the Playground Curriculum, a school violence prevention program rooted in the principles of dance/movement therapy. Learn to adjust activities and experiences for different age groups and different populations.

**Requisites:** None

**Course Designation:** Level - Elementary

L&S Credit - Counts as Liberal Arts and Science credit in L&S

**Repeatable for Credit:** No

**Learning Outcomes:** 1. Gain cognitive and bodily knowledge of the Disarming the Playground curriculum.

Audience: Undergraduate

2. Gain skill in expressing movement and understanding its connection to emotion.

Audience: Undergraduate

3. Develop lesson plans and lead activities in the following six units: Spatial Awareness viewed through a multi-cultural lens, Self-Regulation, Focus and Attention, Impulse or Self-Control, Awareness of and response to dangerous or tense situations, Building Empathy, Managing strong feelings such as anger and anxiety, and other issues, i.e. peer pressure, alienation, cyber bullying, prejudice.

Audience: Undergraduate

4. Develop skills for adapting curriculum for different age groups and different types of sessions, i.e. classroom, therapy groups, family work

Audience: Undergraduate

5. Develop collaboration skills w/fellow students, providing support and constructive observations

Audience: Undergraduate

### **DANCE 235 – PILATES MAT II**

1 credit.

Continuation of DANCE 135. Learn the intermediate to advanced level mat exercises, which continue to focus on core strength, breath and spinal flexibility while challenging upper body strength, range of motion in the hips and spine, spinal extension and inverted balance.

**Requisites:** DANCE 135

**Repeatable for Credit:** Yes, unlimited number of completions

**Last Taught:** Spring 2025

### **DANCE 236 – PILATES EQUIPMENT II**

2 credits.

Covers the Intermediate to Advanced exercises (Level IV and V) on all equipment. The V exercises challenge a body's uniform development, range of motion in all actions of the spine, hips and shoulders, and require significant control and balance. These exercises are great cross-training for athletes, dancers or Pilates enthusiasts who wish to feel the advanced movement potential of their own bodies. Achieving mastery over these exercises requires more practice and commitment than the Beginner-Intermediate exercises as the body is expected to move beyond its average range of strength and flexibility.

**Requisites:** DANCE 136

**Repeatable for Credit:** Yes, unlimited number of completions

**Last Taught:** Spring 2025

**Learning Outcomes:** 1. Demonstrate clear body awareness as evidenced by physical responses to verbal, visual and kinesthetic cuing

Audience: Undergraduate

2. Execute Pilates exercises with precise form, efficient musculoskeletal alignment, and intentional core muscle recruitment

Audience: Undergraduate

3. Develop coordinated strength, flexibility and balance

Audience: Undergraduate

4. Demonstrate knowledgeable and safe use of equipment, while setting-up, performing and transitioning through exercises

Audience: Undergraduate

5. Apply anatomical knowledge and imagery in order to integrate breath and refine personal alignment

Audience: Undergraduate

6. Use and maintain consistent mental focus while exercising

Audience: Undergraduate

7. Memorize and perform any Pilates Equipment exercise with technical skill

Audience: Undergraduate

### **DANCE 237 – PILATES STUDIO I**

3 credits.

Experience in teaching Pilates, which includes private, semi-private, and small group sessions. Gives student-teachers class structure formats, including an understanding of the instructor to student relationship, pacing of class sessions, and the physical detail with which Pilates is taught.

**Requisites:** DANCE 236

**Repeatable for Credit:** Yes, unlimited number of completions

**Last Taught:** Summer 2024

**DANCE 240 – DANCE PRODUCTION LABORATORY**

1 credit.

Provides hands-on experience working with the technical aspects of dance program performances.

**Requisites:** DANCE 140

**Repeatable for Credit:** Yes, unlimited number of completions

**Last Taught:** Spring 2025

**DANCE 241 – MUSIC FUNDAMENTALS FOR DANCERS**

3 credits.

Study of the elements of music and their relationship to movement, a history of contemporary music and modern dance and an introduction to digital audio applications for choreography.

**Requisites:** None

**Repeatable for Credit:** No

**Last Taught:** Fall 2024

**Learning Outcomes:** 1. Create and Design in related collaborative arts in the context of music, video and screen, and technical aspects of dance performance

Audience: Undergraduate

2. Articulate how design translates abstract ideas into visual and aural support for performance

Audience: Undergraduate

**DANCE 255 – MOVEMENT COMPOSITION FOR THE PERFORMING AND VISUAL ARTS**

2 credits.

Basic principles of solo composition explored and applied to movement in visual and performing arts.

**Requisites:** DANCE 156

**Repeatable for Credit:** Yes, unlimited number of completions

**Last Taught:** Spring 2025

**DANCE/THEATRE 259 – COLLABORATIVE ARTS PERFORMANCE LAB: DEVISING COLLABORATIVE PERFORMANCE THROUGH HIP HOP ARTS**

1-2 credits.

Work together to create a repertory company which produces performances of short hip hop theater and other collaborative performance art works for public viewing. Experimental works are researched and developed. Involves the development of collaborative and small group pieces as well as artistic training with a focus on individual and multi-voice work, theater improvisation, dance/movement.

**Requisites:** None

**Course Designation:** Level - Intermediate

L&S Credit - Counts as Liberal Arts and Science credit in L&S

**Repeatable for Credit:** Yes, unlimited number of completions

**Last Taught:** Spring 2023

**DANCE 265 – DANCE HISTORY I: DANCE IN THE MODERN ERA**

3 credits.

Surveys dance history from about 1500 through the 1900s. Through research, discussion, and viewing images and video, students will analyze and understand dance in relation to the fundamental changes to human experiences that arose in the modern era.

**Requisites:** None

**Course Designation:** Breadth - Humanities

Level - Elementary

L&S Credit - Counts as Liberal Arts and Science credit in L&S

**Repeatable for Credit:** No

**Last Taught:** Fall 2024

**Learning Outcomes:** 1. Understand dance in social, cultural, political, and economic contexts from the 16th through the 19th centuries

Audience: Undergraduate

2. Analyze, discuss, and compare dance practices and discourses in relation to historical and global contexts

Audience: Undergraduate

3. Analyze, discuss, and compare their technical, choreographic, and theoretical training within a greater historical context

Audience: Undergraduate

4. Respond critically and thoughtfully to dance scholarship

Audience: Undergraduate

5. Find and analyze primary sources to reflect upon and synthesize a personal interaction with historical artifacts with knowledge gained from secondary sources

Audience: Undergraduate

**DANCE 268 – POLITICAL AND CULTURAL PERSPECTIVES IN DANCE STUDIES**

3 credits.

Examines the role of dance as a cultural form of expression within the political sphere. Draws on a variety of case studies ranging from popular dance TV shows, to European modern dance and from hip-hop to dancing at public protests and asks the question of what constitutes dance and what is its social and political function.

**Requisites:** Sophomore standing

**Course Designation:** Breadth - Either Humanities or Social Science

Level - Intermediate

L&S Credit - Counts as Liberal Arts and Science credit in L&S

**Repeatable for Credit:** No

**Last Taught:** Spring 2025

**DANCE 274 – METHODS IN DANCE EDUCATION**

3 credits.

Study of principles in dance curriculum planning, instruction, assessment, classroom management, and learner diversity through a trauma-informed and culturally responsive-sustaining lens.

**Requisites:** DANCE 156**Repeatable for Credit:** No**Last Taught:** Fall 2024

**Learning Outcomes:** 1. Identify, analyze, and apply trauma-informed and culturally responsive-sustaining practices, styles, and methods of successful teaching in lesson and curricula planning.

Audience: Undergraduate

2. Critically reflect on and constructively respond to lesson and curricula designs.

Audience: Undergraduate

3. Develop student-centered, process-based lesson plans and curricula.

Audience: Undergraduate

4. Construct sequential, artistic, and age appropriate dance experiences.

Audience: Undergraduate

5. Examine and analyze dance pedagogical theories in education.

Audience: Undergraduate

6. Create and analyze assessments for student learning.

Audience: Undergraduate

**DANCE 311 – CONTEMPORARY DANCE TECHNIQUE AND THEORY V**

1-3 credits.

Level III. Contemporary dance technique and theory on the intermediate level. Emphasis on movement skills employing proper body alignment.

**Requisites:** None

**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement

**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Fall 2024**DANCE 312 – CONTEMPORARY DANCE TECHNIQUE AND THEORY VI**

1-3 credits.

Continuation of DANCE 311.

**Requisites:** None

**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement

**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2025**DANCE/AFROAMER/MUSIC 318 – CULTURAL CROSS CURRENTS: WEST AFRICAN DANCE/MUSIC IN THE AMERICAS**

3 credits.

The influence of traditional West African dance/music heritage in historical, artistic, social contexts in the development of new hybrid forms of music/dance created by cross-pollination of cultures of Africans, Europeans and indigenous peoples in the New World.

**Requisites:** Sophomore standing

**Course Designation:** Ethnic St - Counts toward Ethnic Studies requirement

Breadth - Humanities

Level - Intermediate

L&amp;S Credit - Counts as Liberal Arts and Science credit in L&amp;S

Grad 50% - Counts toward 50% graduate coursework requirement

**Repeatable for Credit:** No**Last Taught:** Spring 2025

**DANCE/AFROAMER/ASIAN AM/FOLKLORE 319 – AFRO ASIAN IMPROV: FROM HIP HOP TO MARTIAL ARTS FUSION**

3 credits.

An Afro Asian perspective provides a lens through which intersections between Asian American and African American dance and martial arts are studied and practiced. Asian American and African American movement genres provide tools to explore dance fusion, choreography, and improvisation, to create dances informed by African American and Asian American legacies of struggle, innovation and transformation, while cognizant of historical forces of oppression and racism. Building connections through respectful communication with others are learned through dance practice, discussion and writing about concepts learned through readings, videos, and guest artist visits. Engagement with dance as a cultural vehicle for creative problem-solving and risk-taking occurs through guided class or smaller group activities.

**Requisites:** Sophomore standing**Course Designation:** Ethnic St - Counts toward Ethnic Studies requirement

Breadth - Humanities

Level - Intermediate

L&amp;S Credit - Counts as Liberal Arts and Science credit in L&amp;S

**Repeatable for Credit:** No**Last Taught:** Spring 2025

**Learning Outcomes:** 1. Articulate perspectives on the diversity of the human condition through critical and interpretive skills to analyze the past, present, and future of human movement in a complex world  
Audience: Undergraduate

2. Prepare for participation in a multicultural society through developing a consciousness of self and other and building empathy towards others' perspective, thinking critically and questioning assumptions of certain valued or devalued histories, and analyzing how these differences have promulgated disparities in contemporary American society  
Audience: Undergraduate

3. Demonstrate skills in writing and speaking about dance in its historical, contemporary and cultural contexts  
Audience: Undergraduate

4. Articulate Afro Asian perspectives on the intersections of Asian American and African American cultural, social and historical knowledge, and communicate important ideas through dance and story-telling performance  
Audience: Undergraduate

5. Practice Asian American and African American foundational movement toolboxes as a basis for improvisation and dance choreography supported by concepts of theater and culturally-based learning traditions  
Audience: Undergraduate

6. Engage in imagination-led and creative problem-solving movement activities  
Audience: Undergraduate

7. Build connections with others through class practice, discussions, working groups within and outside of class  
Audience: Undergraduate

8. Use the skills you learn to lead a calmer, more focused, responsible and productive life  
Audience: Undergraduate

**DANCE/FOLKLORE/THEATRE 321 – JAVANESE PERFORMANCE**

2 credits.

Technique and practice of classical Javanese dance in its musical, historical and cultural contexts.

**Requisites:** Junior standing**Course Designation:** Level - Intermediate

L&amp;S Credit - Counts as Liberal Arts and Science credit in L&amp;S

Grad 50% - Counts toward 50% graduate coursework requirement

**Repeatable for Credit:** No**Last Taught:** Fall 2015**DANCE 325 – BALLET TECHNIQUE III**

1-2 credits.

Intermediate: barrework, center work, petit and grand allegro, adagio, demi-pointe, and more complex combinations and skills. Focus on form, kinesthetic principles, and aesthetic values.

**Requisites:** None**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2025**DANCE 326 – BALLET TECHNIQUE III-B**

1-2 credits.

Intermediate level continued: barrework, center work, petit and grand allegro, adagio, demi-pointe, and more complex combinations and skills. Focus on form, kinesthetic principles, and aesthetic values.

**Requisites:** None**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2024

**DANCE 330 – FUNCTIONAL ANATOMY FOR MOVEMENT PRACTICES**

2 credits.

Provides an understanding of functional anatomy in kinetic terms, exploring efficient musculoskeletal function as it relates to pedestrian movement and vigorous movement. Learn how to see and feel the difference between healthy movement and movement pathology.

**Requisites:** DANCE 131, 135, or 136**Repeatable for Credit:** No**Last Taught:** Fall 2024**Learning Outcomes:** 1. Memorize basic musculoskeletal anatomy and functions

Audience: Undergraduate

2. Comfortably execute touch-based partner work with maturity and skill

Audience: Undergraduate

3. Demonstrate clear body awareness by responding to instructor and peer corrections and through self-correction

Audience: Undergraduate

4. Develop visual and kinesthetic skill for identifying anatomical pathways and patterns in others

Audience: Undergraduate

5. Identify and distinguish pathological vs healthy movement patterns theoretically and in live bodies

Audience: Undergraduate

6. Create imagery-based movement exercises that address specific movement concepts

Audience: Undergraduate

**DANCE 331 – DYNAMICS OF DANCE THERAPY**

3 credits.

Movement lab integrating theory and techniques of dance therapy. Field work in community service projects.

**Requisites:** DANCE 231**Course Designation:** Level - Intermediate

L&amp;S Credit - Counts as Liberal Arts and Science credit in L&amp;S

**Repeatable for Credit:** No**Last Taught:** Fall 2023**DANCE 337 – PILATES STUDIO II**

3 credits.

Cover the Pilates Level IV-V (Intermediate-Advanced) material on the equipment and continues work from DANCE 237.

**Requisites:** DANCE 235, 237, and 336**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Summer 2024**DANCE/ART 341 – SOUND DESIGN FOR THE PERFORMING AND VISUAL ARTS**

3 credits.

Production of audio soundtracks to complement the work of artists. The relationship of sound and music to dance, video, film, computer art, and other interdisciplinary forms.

**Requisites:** Declared in an Art, Dance, or Communication Arts program**Course Designation:** Breadth - Humanities

Level - Intermediate

L&amp;S Credit - Counts as Liberal Arts and Science credit in L&amp;S

Grad 50% - Counts toward 50% graduate coursework requirement

**Repeatable for Credit:** No**Last Taught:** Spring 2025**DANCE 345 – SCREENDANCE PRODUCTION**

3 credits.

Provides technical and aesthetic knowledge of the use of video camera and editing techniques, the introduction to digital video, and the relationship of video to the performing and visual arts.

**Requisites:** None**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** No**Last Taught:** Spring 2025**Learning Outcomes:** 1. Articulate how design translates abstract ideas into visual and aural support for performance

Audience: Both Grad &amp; Undergrad

2. Compose dance work for the concert stage and/or alternate spaces

Audience: Both Grad &amp; Undergrad

3. Develop and practice a critical vocabulary for communicating about one's own work and that of others

Audience: Graduate

### **DANCE 355 – DANCE COMPOSITION II**

3 credits.

Composition and performance of dances based on pre-classic and modern dance forms to include practical application of theater production, costuming, and stage design.

**Requisites:** DANCE 156 or graduate/professional standing

**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement

**Repeatable for Credit:** Yes, unlimited number of completions

**Last Taught:** Fall 2024

**Learning Outcomes:** 1. Generate and manipulate innovative movement material quickly

Audience: Both Grad & Undergrad

2. Create meaning and context for work through thoughtful and informed structural development

Audience: Both Grad & Undergrad

3. Make effective editing choices about choreography

Audience: Both Grad & Undergrad

4. Demonstrate discipline and consistency in the working process

Audience: Both Grad & Undergrad

5. Take risks and exhibit confidence in creative work and performance

Audience: Both Grad & Undergrad

6. Lead dancers effectively in the rehearsal process

Audience: Both Grad & Undergrad

7. Offer astute and useful feedback to classmates

Audience: Both Grad & Undergrad

8. Consciously integrate other dance studies into the choreographic process

Audience: Both Grad & Undergrad

9. Demonstrate an increased literacy in contemporary dance/performance

Audience: Both Grad & Undergrad

10. Write and speak articulately about one's creative point of view and progress in the context of contemporary dance/performance

Audience: Both Grad & Undergrad

11. Present a complete work of three or more dancers (not including the choreographer)

Audience: Both Grad & Undergrad

12. Integrate ideas, frameworks, or questions drawn from knowledge outside the field of dance into the choreographic process.

Audience: Graduate

13. Write and speak about one's creative point of view and progress in an interdisciplinary context that includes contemporary dance and related areas of knowledge.

Audience: Graduate

### **DANCE 365 – DANCE HISTORY II: DIRECTIONS AND ISSUES OF CONTEMPORARY DANCE**

3 credits.

Surveys dance history from the 1960's to the present. Through research, video viewing, and discussions, grasp aesthetic ideas of modern dance; contextualize the major components of contemporary dance; and characterize trends and styles relative to underlying philosophies.

**Requisites:** Sophomore standing

**Course Designation:** Breadth - Humanities

Level - Intermediate

L&S Credit - Counts as Liberal Arts and Science credit in L&S

**Repeatable for Credit:** No

**Last Taught:** Spring 2025

**Learning Outcomes:** 1. Identify key approaches and pioneers in dance practices of the 20th and 21st century

Audience: Undergraduate

2. Analyze, discuss, and compare performance in various geographical and historical contexts

Audience: Undergraduate

3. Situate performance practices and choreographic approaches in broader historical contexts

Audience: Undergraduate

4. Critically contextualize performance approaches in relation to prevalent dance studies discourses

Audience: Undergraduate

5. Research and critically evaluate and compare primary and secondary sources

Audience: Undergraduate

**DANCE 368 – DANCING CULTURES IN GREECE**

3 credits.

Examine the construction of Greek national identity and cultural heritage through dance, embodied practices, and art creation practices by utilizing dance studies frameworks and ethnographic research tools. Experiential multi-sited research to be completed in Greece, conducted through dance workshops, performances, museum visits, attendance to regional dance festivals, and in conversation with local experts featured as guest lecturers, such as dance historians, folklorists, choreographers, teachers, and performers. Genres covered include folk dance, social dance, concert dance, and other somatic practices that foster a sense of belonging, community, and unity amongst practitioners. Must have sophomore standing and a valid passport that does not expire 6 months past the Greece travel dates.

**Requisites:** Consent of instructor**Course Designation:** Breadth - Humanities

Level - Intermediate

L&amp;S Credit - Counts as Liberal Arts and Science credit in L&amp;S

**Repeatable for Credit:** No**Learning Outcomes:** 1. Describe the role of dance in varying cultural contexts: traditional folk dance, community practices, and contemporary concert dance performance.

Audience: Undergraduate

2. Engage in a range of embodied experiences through critical dance studies frameworks

Audience: Undergraduate

3. Identify how a country's cultural history and national identity impact artistic practices of the present both locally and internationally through the case study of Greece.

Audience: Undergraduate

4. Identify cultural specificity in institutional structures and frameworks (such as dance in education, festival curation, arts-funding structures) using Greece as a case study.

Audience: Undergraduate

**DANCE 373 – INTRODUCTION TO DANCE AND COMMUNITY**

3 credits.

Introduction to community engagement through dance and movement. Focus on skills to work within service-oriented programs that engage communities in transformative, decolonizing, and humanizing dance practices. Investigate theory, practice, and empirical research to support ethnographic approaches with feminist and critical perspectives when working with dance in communities.

**Requisites:** None**Course Designation:** Level - Elementary

L&amp;S Credit - Counts as Liberal Arts and Science credit in L&amp;S

**Repeatable for Credit:** No**Last Taught:** Spring 2025**Learning Outcomes:** 1. Devise dance/movement choreography through community engagement.

Audience: Undergraduate

2. Devise teaching strategies based on community interests/needs.

Audience: Undergraduate

3. Recognize complex identities that create obstacles or privileges for individuals and communities.

Audience: Undergraduate

4. Foster inclusive environments.

Audience: Undergraduate

### **DANCE 374 – TEACHING DANCE**

3 credits.

Provides methods and materials for appropriate dance instruction in the public and private sectors for an array of ages. Advocates for Dance Education in both public and private settings and emphasizes the value of Dance in enhancing the quality of life for all people.

**Requisites:** DANCE 156 and 274

**Repeatable for Credit:** No

**Last Taught:** Spring 2024

**Learning Outcomes:** 1. Emphasize the value of Dance in enhancing the quality of life for all people.

Audience: Undergraduate

2. Advocate for Dance Education in public and private settings.

Audience: Undergraduate

3. Provide methods and material appropriate for teaching and facilitating dance instruction in public and private sectors for an array of ages.

Audience: Undergraduate

4. Create proper progressions, building blocks, and underlying concepts for teaching dance technique.

Audience: Undergraduate

5. Use laboratory settings for teaching and observing students that will deepen the understanding for, and appreciation of, a variety of populations.

Audience: Undergraduate

6. Promote understanding of developmentally appropriate dance skills, movement concepts, and progressions for varied ages.

Audience: Undergraduate

7. Provide Dance movement and teaching experiences to help develop personal teaching techniques.

Audience: Undergraduate

8. View creative dance education as a viable tool for teaching cross-curriculum, integrative academic/vocational education.

Audience: Undergraduate

9. Understand teaching and learning through the arts in an Arts Integration framework.

Audience: Undergraduate

### **DANCE 375 – PILATES TEACHING METHODS**

1 credit.

Designed to provide an understanding of the practice of teaching and learning Pilates. Develops understanding of body mechanics as well as an appreciation of the variety of movement possibilities and compensatory patterns present in individual bodies. Consists of lecture, discussion, practice teaching and mentorship as students begin the process of teaching Pilates.

**Requisites:** DANCE 135

**Repeatable for Credit:** No

**Last Taught:** Spring 2025

### **DANCE 376 – PILATES TEACHING I**

2 credits.

Emphasizes private session teaching, applied anatomy and imagery, and overall Pilates pedagogy.

**Requisites:** Declared in Certificate in Pilates

**Repeatable for Credit:** No

**Last Taught:** Fall 2024

**Learning Outcomes:** 1. Demonstrate personal knowledge and understanding of Pilates material

Audience: Undergraduate

2. Develop a personal teaching style and emphasis

Audience: Undergraduate

3. Demonstrate clear teacher/student relationships, professional etiquette, and skillful rapport

Audience: Undergraduate

4. Design clear thematic lessons and improvise on that theme

Audience: Undergraduate

5. Effectively communicate personalized feedback that catalyzes client growth

Audience: Undergraduate

6. Become thoughtful, articulate, and effective teachers

Audience: Undergraduate



**DANCE 379 – DANCE TEACHING PRACTICUM**

3 credits.

Supervised practicums; teaching dance or movement integrated strategies from a trauma-informed, culturally responsive-sustaining lens. Practicums take place in public schools, private studios, community centers, or Lathrop Hall depending on interests and experiences.

**Requisites:** DANCE 274, 373, and 374**Repeatable for Credit:** No**Learning Outcomes:** 1. Design and implement dance or movement integrated strategies in a variety of settings.

Audience: Undergraduate

2. Critically reflect on and constructively respond to teaching observations.

Audience: Undergraduate

3. Design and implement trauma-informed, culturally responsive-sustaining dance and movement experiences for diverse student populations.

Audience: Undergraduate

**DANCE 399 – INDEPENDENT PROJECT**

1-3 credits.

**Requisites:** Consent of instructor**Course Designation:** Level - Advanced

L&amp;S Credit - Counts as Liberal Arts and Science credit in L&amp;S

**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2025**DANCE/FOLKLORE/THEATRE 421 – JAVANESE PERFORMANCE REPERTORY**

2 credits.

Introduction to Javanese theatre performance in a Javanese epic tradition. Includes use of Javanese gamelan music as accompaniment for dance drama.

**Requisites:** Sophomore standing**Course Designation:** Breadth - Humanities

Level - Intermediate

L&amp;S Credit - Counts as Liberal Arts and Science credit in L&amp;S

Grad 50% - Counts toward 50% graduate coursework requirement

**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2015**DANCE 431 – DANCE THERAPY PRACTICUM**

3 credits.

One semester supervised experience in psychiatric setting, i.e., special school, hospital, or community mental health center, and one semester of independent study.

**Requisites:** DANCE 331**Course Designation:** Level - Elementary

L&amp;S Credit - Counts as Liberal Arts and Science credit in L&amp;S

Workplace - Workplace Experience Course

**Repeatable for Credit:** No**Last Taught:** Spring 2024**DANCE 440 – ADVANCED PRODUCTION LABORATORY**

1 credit.

Provides hands-on experience working with the technical aspects of dance program performances.

**Requisites:** Consent of instructor**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** Yes, unlimited number of completions**Learning Outcomes:** 1. Practice previously acquired skills necessary to the specific artistic staff role assumed for the assigned Dance Department production.

Audience: Both Grad &amp; Undergrad

2. Demonstrate mentorship and guidance in practice of craft.

Audience: Both Grad &amp; Undergrad

3. Demonstrate artistic competency by completing assigned production role.

Audience: Both Grad &amp; Undergrad

4. Identify problems/challenges, solutions, and evaluate of how well the solution worked.

Audience: Graduate

**DANCE/ART 441 – ADVANCED SOUND DESIGN**

3 credits.

Advanced instruction in the production of sound tracks to complement the work of artists in dance, video, film, computer art and other interdisciplinary forms.

**Requisites:** DANCE/ART 341**Course Designation:** Breadth - Humanities

Level - Advanced

L&amp;S Credit - Counts as Liberal Arts and Science credit in L&amp;S

Grad 50% - Counts toward 50% graduate coursework requirement

**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2018

**DANCE 449 – SURVEY OF INTERARTS AND TECHNOLOGY**

3 credits.

Overview of the history and practice of interdisciplinary work by artists working alone or in collaboration with others. Explores work that relies on or has a contingent relationship to the technology of the era in which it was created. Covers the history of Interarts and Technology from the early 1900's to the present with additional lectures focusing on relevant topics from earlier periods of history, e.g. Guttenburg's printing press, Da Vinci's flying machines, etc. Individual artists and movements will be profiled with a focus on the Futurists, Dada, and Surrealists in the early half of the century, dance and technology in general and the crossover of contemporary avant garde theater and performing artists such as Laurie Anderson and others whose work is dependent on high tech electronics.

**Requisites:** None**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** No**Learning Outcomes:** 1. Contextualize the contemporary hybrid of art and technology within a historical framework which the student will learn through lecture, screenings, and readings.

Audience: Both Grad &amp; Undergrad

2. Develop a firm grasp of the relationship of technology to the arts throughout history.

Audience: Both Grad &amp; Undergrad

3. Analyze both the philosophical and aesthetic strategies at work within the various methodologies chosen by artists within the framework of art and technology.

Audience: Graduate

**DANCE 451 – DANCE REPERTORY THEATER**

1-3 credits.

Study of choreography created by member of the faculty and guest artists, leading to public performance. Must take a 100 level or higher dance technique or theory course concurrently. Must be cast in the Faculty Concert or Guest Artist work. Audition at first class meeting.

**Requisites:** Consent of instructor**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2025**DANCE 452 – DANCE REPERTORY THEATER**

1-3 credits.

Study of choreography created by member of the faculty and guest artists, leading to public performance. Must take a 100 level or higher dance technique or theory course concurrently. Must be cast in the Faculty Concert or Guest Artist work. Audition at first class meeting.

**Requisites:** Consent of instructor**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Fall 2024**DANCE 453 – DANCE REPERTORY THEATRE**

1 credit.

Study of choreography created by member of the faculty and guest artists, leading to public performance. Must be cast in the Faculty Concert or Guest Artist work, and concurrently enrolled in one of the following: DANCE 111, 112, 115, 118, 125, 126, 211, 212, 213, 218 225, 226, 231, 311, 312, 325, or 326. Open to first-year students.

**Requisites:** Consent of instructor**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** Yes, unlimited number of completions**Learning Outcomes:** 1. Collaborate in the choreographic process

Audience: Both Grad &amp; Undergrad

2. Utilize tools for generating and developing performance material from across disciplines

Audience: Both Grad &amp; Undergrad

3. Work with others toward a common goal in the context of dance performance

Audience: Both Grad &amp; Undergrad

4. Identify and prioritize skills required to realize choreographic vision

Audience: Both Grad &amp; Undergrad

5. Embody choreographic material

Audience: Both Grad &amp; Undergrad

6. Demonstrate effective rehearsal practice and effort

Audience: Both Grad &amp; Undergrad

7. Implement qualitative movement skills to enhance performance

Audience: Both Grad &amp; Undergrad

8. Examine your role as a performer in the artistic process of creating dance.

Audience: Graduate

**DANCE 455 – DANCE COMPOSITION III**

2-3 credits.

Principles of organization in group composition. Planning, composing and presenting of group dances.

**Requisites:** DANCE 255, DANCE 355, or graduate/professional standing

**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement

**Repeatable for Credit:** Yes, unlimited number of completions

**Last Taught:** Spring 2024

**Learning Outcomes:** 1. Develop one's creative habit

Audience: Both Grad & Undergrad

2. Develop one's personal and unique voice as a dancemaker

Audience: Graduate

3. Build one's compositional toolbox

Audience: Both Grad & Undergrad

4. Create dance works with different methods of generating, forming, and shaping

Audience: Both Grad & Undergrad

5. Stretch and expand: take risks, be daring, try out the unfamiliar, explore new concepts, work out of the box

Audience: Both Grad & Undergrad

6. Create work inspired by or in response to different stimuli

Audience: Both Grad & Undergrad

7. Increase one's understanding of the art and craft of movement composition

Audience: Both Grad & Undergrad

8. Communicate one's ideas effectively in written and spoken form--on paper and in person, in words and in dance.

Audience: Graduate

9. Display organizational skills: work alone and with groups, prepare, schedule, and hold rehearsals

Audience: Both Grad & Undergrad

10. Meet deadlines; complete projects or studies, take an idea and carry it through to the end

Audience: Both Grad & Undergrad

**DANCE 462 – SENIOR SEMINAR**

3 credits.

Reflect on the entirety of dance coursework, develop current work in performance and dance scholarship, and prepare for future engagement with the discipline outside the university.

**Requisites:** None

**Repeatable for Credit:** No

**Last Taught:** Fall 2024

**Learning Outcomes:** 1. Identify and hone personal strengths in relation to their dance studies (Dance Department Learning Goal 2.3)

Audience: Undergraduate

2. Develop career goals, with more in-depth exploration of one specific option (Dance Department Learning Goal 2.3)

Audience: Undergraduate

3. Be introduced to some of the skills, strategies, and processes needed for success in the professional world (Dance Department Learning Goal 2.3)

Audience: Undergraduate

4. Produce high-quality professional materials that represent themselves and their work well (Dance Department Learning Goal 2.3)

Audience: Undergraduate

5. Be exposed to the comprehensiveness of dance and the wide range of professions and professional options related to dance (Dance Department Learning Goals 2.1 & 2.2)

Audience: Undergraduate

6. Demonstrate critical thinking, leadership, and facilitation skills through a student-led seminar (Dance Department Learning Goal 2.3)

Audience: Undergraduate

7. Increase confidence in themselves and their work demonstrated through oral presentation (Dance Department Learning Goal 2.3)

Audience: Undergraduate

### **DANCE 463 – SENIOR PROJECT**

1-2 credits.

Focuses on artistic and scholarly senior dance projects such as choreography, performance, pedagogy, research studies, papers, and articles.

**Requisites:** Senior standing

**Repeatable for Credit:** No

**Last Taught:** Spring 2024

**Learning Outcomes:** 1. Design a semester-long research project in collaboration with the professor.

Audience: Undergraduate

2. Plan a project using purpose/problem statements, methods, and literature review.

Audience: Undergraduate

3. Engage with scholarly research on the relevant issues.

Audience: Undergraduate

4. Present a project at the end of the course for peers and invited faculty.

Audience: Undergraduate

### **DANCE 466 – CURATING THE PRACTICE**

4 credits.

Explores the evolving practice of performance curation in the 21st century, emphasizing the role of curators and artists in shaping contemporary performance art. Critical engagement with diverse curatorial practices, considering both historical and emerging models influenced by the 2020 global lockdown, digital platforms, and virtual spaces. Exploration of how performance reception, access, and curation have been reshaped since 2020, and investigation of new paradigms such as digital and technologically mediated sites for performance through interdisciplinary discussions, presentations, and guest speakers.

**Requisites:** Graduate/professional standing

**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement

**Repeatable for Credit:** No

**Learning Outcomes:** 1. Analyze the history and evolution of curatorial practices in performance art.

Audience: Graduate

2. Identify and integrate issues of inclusion, exclusion, and representation in curatorial practices.

Audience: Graduate

3. Evaluate the impact of the pandemic and global lockdown on performance curation and explore digital and virtual platforms as new sites for performance.

Audience: Graduate

4. Develop a curatorial proposal or creative project that incorporates contemporary issues such as accessibility, digital adaptation, and community care.

Audience: Graduate

5. Present and defend curatorial decisions in both written and oral formats, drawing from theoretical and practical case studies.

Audience: Graduate

### **DANCE 469 – INTERDISCIPLINARY STUDIES IN THE ARTS**

1-4 credits.

Guest artists present topics appropriate to their specializations.

**Requisites:** None

**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement

**Repeatable for Credit:** Yes, unlimited number of completions

**Last Taught:** Fall 2022

### **DANCE 476 – PILATES TEACHING II**

3 credits.

Complete a minimum of 3 hours of teaching per week (or equivalent) working with individuals one on one or with group classes. Teach Pilates coursework Level I-V. Attend weekly seminars and mentor meetings.

**Requisites:** Declared in Pilates Certificate, DANCE 337 and 376

**Repeatable for Credit:** No

**Last Taught:** Fall 2024

**DANCE 552 – ADVANCED DANCE REPERTORY AND PERFORMANCE II**

1 credit.

Focuses on the creation and performance of dance repertory, whether through the development of new choreographic works or the re-staging of existing pieces. Emphasizes live performance as a process to contribute to both the creative and performance aspects of the work. Collaboratively engage in critical discussions and provide expert feedback, reinforcing arguments around artistry, excellence, and the role of live performance in contemporary dance. Hands-on experience in contemporary performance skills and techniques related to dance repertory, emphasizing collaboration in the creation and practice of live dance. Requires concurrent enrollment in DANCE 311, 312, 325, or 326 and audition at first class meeting.

**Requisites:** Consent of instructor**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** Yes, unlimited number of completions**Learning Outcomes:** 1. Demonstrate enhanced skills in the creation, rehearsal, and performance of repertory, contributing to both the development and execution of choreographic works.

Audience: Graduate

2. Analyze traditional, folk, and popular dance vocabularies from the African Diaspora and explore their relevance in contemporary concert dance.

Audience: Graduate

3. Develop an understanding of artistry and excellence in live performance, developing the ability to articulate and apply these concepts in their work.

Audience: Graduate

4. Evaluate the contributions of others in the collaborative process to provide constructive, expert feedback.

Audience: Graduate

5. Investigate the potential impact of future technologies on live performance.

Audience: Graduate

**DANCE 560 – CURRENT TOPICS IN DANCE: WORKSHOP**

1-3 credits.

**Requisites:** None**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Fall 2023**DANCE 567 – HISTORY OF SCREENDANCE**

3 credits.

Focus on the history and practice of screendance in its myriad forms including, but not limited to, performance made for the camera, first person narrative, spoken word, fictional cinema, experimental documentary and other forms of mediated performance practice within the broadly defined context of dance. Interdisciplinary approach to making performative work for the screen.

**Requisites:** None**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** No**Learning Outcomes:** 1. Analyze history of screendance within a historical framework which the student will learn through lecture, screenings, and readings.

Audience: Both Grad &amp; Undergrad

2. Demonstrate strong written skills to communicate grasp of the myriad forms of this hybrid art form and the various approaches and concerns over time.

Audience: Both Grad &amp; Undergrad

3. Analyze socio-political and cultural perspectives, as well as philosophical and aesthetic strategies at work within the form and content explored by the directors and choreographers.

Audience: Both Grad &amp; Undergrad

4. Demonstrate conceptual rigor, research, and critical analysis to gain knowledge and skills in cross-cutting methodologies and approaches.

Audience: Graduate

**DANCE 665 – DANCE HISTORY AND THEORY**

3 credits.

Examines dance historical work in the changing field of Dance Studies since the mid-1980s. Introduces significant perspectives on dance history and dance theory, and considers how these impact and relate to dance creation and pedagogy. Engage with new research in dance history, practice archival research methods, and form a teaching approach to dance history that is responsive to the current direction and needs of the field.

**Requisites:** Graduate/professional standing

**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement

**Repeatable for Credit:** No

**Learning Outcomes:** 1. Explain the impact of the field of Dance Studies on dance historical research and discourses.

Audience: Graduate

2. Execute archival research methods.

Audience: Graduate

3. Synthesize materials into a preliminary interpretation and suggestions for formulating an argument from the documents.

Audience: Graduate

4. Examine current dance historical literature.

Audience: Graduate

5. Formulate a creative approach to literature.

Audience: Graduate

**DANCE 675 – DANCE AND COMMUNITY**

2-3 credits.

Engages with dance arts for and in communities. Working in relation to core ideas about the value of dance/movement in community, covers interdisciplinary research, scholarship, and praxis within this diverse area of work. Investigates how dance and interrelated arts serve as vehicles for social and environmental change in diverse communities. Specific themes might include racial justice, environmental justice, indigenous survival struggles, and how these themes impact or galvanize communities. Theory and practice reaches beyond campus and connects to the H'Doubler legacy as well as the Wisconsin idea.

**Requisites:** Graduate/professional standing

**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement

**Repeatable for Credit:** Yes, unlimited number of completions

**Learning Outcomes:** 1. Learn to listen to learn

Audience: Graduate

2. Become self-reflective, respectful, and thoughtful

Audience: Graduate

3. Develop understanding and appreciation of community groups through breadth and depth approach to this area of study

Audience: Graduate

4. Gain perspective on space, place, and identity

Audience: Graduate

5. Demonstrate awareness of issues and show sensitivity to access and accommodations

Audience: Graduate

6. Apply skills in working with community groups and diverse populations

Audience: Graduate

7. Design and use strategies to effectively engage, coordinate, communicate, collaborate, create with different groups

Audience: Graduate

**DANCE 679 – DANCE FIELD WORK**

2-4 credits.

Off-campus, in-the-field experience pursuing an intensive, self-directed study or project under faculty guidance and mentorship. Research directly leads to the development of a creative performance project. May be conducted in a local, national, or international community or professional settings as related to student's practice-as-research work. One-on-one high-value creative research activity, individual-level feedback, and model the behavior and norms of academia and professional life. Devise a research project while guided through the research and creative process.

**Requisites:** Declared in Dance MFA**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** Yes, for 3 number of completions**Learning Outcomes:** 1. Identify critical perspectives on dance through cultural, philosophical, aesthetic, historical, social, political, and scientific perspectives.

Audience: Graduate

2. Integrate knowledge of the field of dance and innovative methods in dance research.

Audience: Graduate

3. Apply specific knowledge and skills related to one's chosen path of inquiry.

Audience: Graduate

4. Utilize qualitative, quantitative, and mixed methods for conducting dance research.

Audience: Graduate

5. Utilize analytical skills for conducting research including auto-ethnography and considerations for information gathering, documentation, data collection, analysis, and reporting.

Audience: Graduate

**DANCE 699 – INDEPENDENT PROJECT**

0-3 credits.

**Requisites:** Consent of instructor**Course Designation:** Level - Advanced

L&amp;S Credit - Counts as Liberal Arts and Science credit in L&amp;S

Grad 50% - Counts toward 50% graduate coursework requirement

**Repeatable for Credit:** Yes, unlimited number of completions**Last Taught:** Spring 2025**DANCE 762 – RESEARCH METHODS**

3 credits.

Examines different research methodologies and approaches to researching dance. Topics range from studio-based research to theoretical research and include: Practice as Research, Embodied Approaches to Research, Ethnographic Methodologies, Dramaturgy, Critical Theory, and Issues in Dance Studies.

**Requisites:** Graduate/professional standing**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** No**Learning Outcomes:** 1. Identify approaches for engaging in dance research.

Audience: Graduate

2. Summarize main trends and latest scholarship in the field of dance and dance studies.

Audience: Graduate

3. Analyze scholarly sources and critically evaluate research tools.

Audience: Graduate

4. Conduct a large research project that aligns with individual interests.

Audience: Graduate

**DANCE 776 – DANCE CURRICULUM AND TEACHING PRACTICES**

1 credit.

Foundational structure engaging in various dance teaching experiences. Cultivate self-reflective, student-centered teaching skills through discussions, integrating an awareness of current issues and developments impacting the field with personal artistry. Investigate the expansion and evolution of dance pedagogy to explore and address the evolution of the field at local, regional, national, and global levels.

**Requisites:** Declared in Dance MFA

**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement

**Repeatable for Credit:** Yes, for 3 number of completions

**Learning Outcomes:** 1. Communicate clearly and effectively enact pedagogy to the dance community, the public, and in teaching situations.

Audience: Graduate

2. Work collaboratively and productively within a diverse global community of artists and to acknowledge and respect diverse aesthetic viewpoints.

Audience: Graduate

3. Integrate, and synthesize information a breadth of understanding of dance and related disciplines within the dance discipline and across disciplines.

Audience: Graduate

4. Develop and implement arts integrated curricula, including cross-curricular interdisciplinary focus

Audience: Graduate

5. Enact pedagogical approaches appropriate for various dance teaching experiences.

Audience: Graduate

**DANCE 990 – CREATIVE PROJECT FOR RESEARCH**

3 credits.

Individual research projects following the approval stage of thesis proposal. Create research plans and schedules determined by the particulars of creative research, whether methodologies and approaches are studio-based or theory-based. Early through final stages of thesis projects are guided with faculty mentorship.

**Requisites:** DANCE 762

**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement

**Repeatable for Credit:** Yes, unlimited number of completions

**Learning Outcomes:** 1. Demonstrate a critical awareness of the relationship of their artwork to its social, cultural, historical, theoretical and contemporary contexts.

Audience: Graduate

2. Develop, polish, and clearly articulate artistic goals, manifested in a substantial body of artwork and communicated through oral presentations and thesis writing.

Audience: Graduate

3. Organize and conduct a large creative research project.

Audience: Graduate

4. Track and complete all tasks connected to implementation.

Audience: Graduate

5. Engage with feedback and discussion of relevant topics.

Audience: Graduate

6. Create a visual and oral presentation of one's body of work that is shared with peers and faculty, addressing any issues or questions that arise.

Audience: Graduate

**DANCE 999 – INDEPENDENT PROJECT**

1-3 credits.

**Requisites:** Consent of instructor

**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement

**Repeatable for Credit:** Yes, unlimited number of completions

**Last Taught:** Fall 1991