

NUTRITIONAL SCIENCES, B.S. NUTRITION AND DIETETICS

In this major, students explore nutrition through clinical and management courses and prepare for postgraduate training required to become registered dietitian nutritionists (RDN). With an increased emphasis on the role of food and nutrition in treating and preventing disease, employment of registered dietitians is projected to grow faster than other occupations.

Registered dietitian nutritionists work in a wide variety of settings, including health care, business and industry, community and public health, education, research, government agencies, and private practice. Many organizations, particularly those in medical and health care settings, require RDN credentials.

LEARN THROUGH HANDS-ON, REAL WORLD EXPERIENCES

Courses expose students to clinical problem solving, assessing medical record data, evaluating food intake, planning modified diets, and reviewing medical and research literature related to certain diseases or conditions. This training develops critical thinking, teamwork, and communication skills needed by dietetic interns and registered dietitians.

BUILD COMMUNITY AND NETWORKS

The Dietetics and Nutrition Club (<https://win.wisc.edu/organization/dnc/>) is an academic and professional registered student organization offering a variety of opportunities for members to participate in networking events, volunteer activities, and community outreach opportunities.

CUSTOMIZE A PATH OF STUDY

Students in the program can pursue Honors in Research (<https://cals.wisc.edu/academics/undergraduate-students/outside-the-classroom/honors-program/honors-in-research/>) through the College of Agricultural and Life Sciences.

Many students enhance their major by participating in a certificate program, including Global Health (<https://guide.wisc.edu/undergraduate/agricultural-life-sciences/nutritional-sciences/global-health-certificate/>).

MAKE A STRONG START

A popular First Year Interest Group (FIG) focuses on issues of food and identity, and promotes respectful and inclusive interactions with patients and communities.

GAIN A GLOBAL PERSPECTIVE

Several courses emphasize global health and world nutrition and UW–Madison offers more than a dozen study abroad and exchange programs that include a nutritional science component. Students can explore studying abroad utilizing the Nutrition and Dietetics Major Advising Page. Students work with their advisor and the CALS study abroad office to identify appropriate programs.