HEALTH EDUCATION, MINOR

The health minor may be completed by students in physical education or by teachers already licensed to teach at an appropriate level in Wisconsin.

This minor prepares teachers to (1) teach health as a separate course or as a planned integral part of other areas of instruction and (2) assist the school administration and teaching staff in developing a broad school health program.

Certification in a major area of interest must accompany the completion of this minor; students cannot be certified to only teach health.

HOW TO GET IN

Upon admission into their teacher education degree program in the School of Education, students should meet immediately with the health education program coordinator, Cindy Kuhrasch, ckuhrasch@education.wisc.edu, to develop a course schedule and to be authorized for the following required courses:

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>KINES/CURRIC/ELPA 541</td>
<td>Organization and Administration of School Health Programs</td>
<td>3</td>
</tr>
<tr>
<td>KINES/CURRIC 542</td>
<td>Teacher Education About Alcohol and Other Drugs</td>
<td>3</td>
</tr>
<tr>
<td>KINES/CURRIC 561</td>
<td>Teacher Education in Human Sexuality</td>
<td>3</td>
</tr>
<tr>
<td>KINES/CURRIC 567</td>
<td>Issues, Materials and Methods in Health Education</td>
<td>3</td>
</tr>
</tbody>
</table>

Registration in this coursework is contingent upon this meeting.

To indicate the intent to complete the health education minor, students should fill out a minor declaration form available in Education Academic Services, Room 139 Education Building.

REQUIREMENTS

Complete a minimum of 30 credits to include all coursework below. A minimum 2.75 GPA is required, based on all UW–Madison coursework included in the minor requirements.

The program coordinator for the health minor is Cindy Kuhrasch, ckuhrasch@education.wisc.edu. Students may also wish to consult with advising staff at Education Academic Services (EAS), Room 139 Education Building, 1000 Bascom Mall, 608-262-1651.

Upon acceptance into a major program in the School of Education, students should meet immediately with the health education program advisor to work out a schedule and to be authorized for required Kines/Curric courses KINES/CURRIC/ELPA 541, KINES/CURRIC 542, KINES/CURRIC 561, and KINES/CURRIC 567. Registration in this coursework is contingent upon this meeting.

CORE REQUIREMENTS (22–24 CREDITS)

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>KINES 116</td>
<td>First Aid and Basic Life Support ¹</td>
<td>2</td>
</tr>
<tr>
<td>KINES/CURRIC 501</td>
<td>Health Information for Teachers</td>
<td>3</td>
</tr>
<tr>
<td>ANAT&amp;PHY 335</td>
<td>Physiology (formerly Physiol 335)</td>
<td>5</td>
</tr>
<tr>
<td>KINES/CURRIC/ELPA 541</td>
<td>Organization and Administration of School Health Programs</td>
<td>3</td>
</tr>
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<tr>
<td>KINES/CURRIC 567</td>
<td>Issues, Materials and Methods in Health Education</td>
<td>3</td>
</tr>
<tr>
<td>CURRIC 457</td>
<td>Student Teaching in Health Education</td>
<td>2</td>
</tr>
</tbody>
</table>

¹ Basic Life Support for Healthcare Providers certification or CPR/AED for Professional Rescuers certification may substitute for the CPR/AED portion of KINES 116. First Aid certification may substitute for the first aid portion of KINES 116. Students must present both certifications (CPR/AED and first aid) to exempt from KINES 116. Documentation of current certification (either adult or child) must be presented to the health education program advisor. If the certification equivalent is used, the minor will require 30 credits.

2 Eligibility for student teaching requires the completion of all courses required for the minor with a minimum GPA of 2.75. Students must also meet the content knowledge requirements for Health. A meeting with the health education coordinator is required before submitting a student teaching application. Students should bring a current transcript to this meeting. Special arrangements can be made for teachers seeking add-on certification in Health.

BREADTH REQUIREMENTS (8 CREDITS)

Choose from the following list. A wide variety of other relevant courses related to teaching about health are offered on campus. Substitution of another course (maximum of 3 credits) is possible, but must be approved in advance by the health program advisor.

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<tr>
<th>Code</th>
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</tr>
</thead>
<tbody>
<tr>
<td>CNSR SCI 478</td>
<td>Consumer Information</td>
<td>3</td>
</tr>
<tr>
<td>COM ARTS 325</td>
<td>Media and Human Behavior</td>
<td>3</td>
</tr>
<tr>
<td>FOOD SCI 120</td>
<td>Science of Food</td>
<td>3</td>
</tr>
<tr>
<td>NUTR SCI 132</td>
<td>Nutrition Today</td>
<td>3</td>
</tr>
<tr>
<td>NUTR SCI/A A E/AGRONOMY/INTER-AG 350</td>
<td>World Hunger and Malnutrition</td>
<td>3</td>
</tr>
<tr>
<td>KINES 100</td>
<td>Exercise, Nutrition, and Health</td>
<td>2</td>
</tr>
<tr>
<td>SOC/PSYCH 160</td>
<td>Human Sexuality. Social and Psychological Issues</td>
<td>3-4</td>
</tr>
<tr>
<td>SOC WORK/NURSING/S&amp;A PHM 105</td>
<td>Health Care Systems: Interdisciplinary Approach</td>
<td>2</td>
</tr>
<tr>
<td>SOC WORK 453</td>
<td>Alcohol and Other Drug Abuse</td>
<td>2-4</td>
</tr>
<tr>
<td>ENVIR ST 112</td>
<td>Environmental Studies: The Social Perspective</td>
<td>3</td>
</tr>
</tbody>
</table>