

KINESIOLOGY, B.S.

FOUR-YEAR PLAN

Kinesiology: Sample Four-Year Plans

A four-year sample graduation plan is designed to guide your course selection throughout your academic career; it does not establish a contractual agreement. Use it along with your DARS report, the Guide, and the Course Search and Enroll app to create a four-year plan reflecting your placement scores, incoming credits, and individual interests. Consult with an academic advisor to develop a personalized plan of study and refer to the Guide for a complete list of requirements. You will likely revise your plan several times during your academic career here, based on your activities and changing academic interests.

Two plans are presented below. The first is for students testing into **MATH 112 Algebra**, followed by a plan for students testing into MATH 211 Calculus or MATH 221 Calculus and Analytic Geometry 1.

For Students Testing Into MATH 112 Algebra

Freshman

Fall	Credits	Spring	Credits
Communication A (fall or spring semester)	3	Communication A (fall or spring semester)	3
MATH 112 (also meets Quantitative Reasoning A)	3	KINES 119	2
Liberal Studies course work	9-12	BIOLOGY/ ZOOLOGY 101	3
		CHEM 103	4
		Ethnic Studies	3
		Liberal Studies course work	0-3
	15		15

Sophomore

Fall	Credits	Spring	Credits
BIOLOGY/ ZOOLOGY 102	2	PHYSICS 103	4
CHEM 104	5	STAT 371 or PSYCH 210 (also meets Quantitative Reasoning B)	3
MATH 113	3	KINES 116	2
PSYCH 202	3	Liberal Studies or General Elective course work	6
Liberal Studies course work	3-6		
	16		15

Junior

Fall	Credits	Spring	Credits
KINES 330 or 361	2-3	KINES 361 or 330	2-3
KINES 350 (or Advanced Kines Elective) ¹	3	KINES 314	4
ANAT&PHY 335	5	ANAT&PHY 337	3

Advanced Kines Elective ¹	3	ANAT&PHY 338	2
		KINES 350 (or Advanced Kines Elective)	3
	14		14

Senior

Fall	Credits	Spring	Credits
KINES 318 or 300	3	KINES 300 or 318	3
Communication B - Select one of the following in the fall or spring semester	3	Communication B - Select one of the following in the fall or spring semester	3
KINES 355		KINES 355	
KINES 521		KINES 521	
KINES 600		KINES 600	
Advanced Kines Elective	2	Advanced Kines Elective	3
Liberal Studies, Advanced Kines Elective or General Elective course work	8-11	Liberal Studies, Advanced Kines Elective or General Elective course work	6-9
	16		15

Total Credits 120

1

A total of 11 credits of Advanced Kines Electives are required. Elective course options are 2-3 credits.

For Students Testing Into MATH 211 Calculus or MATH 221 Calculus and Analytic Geometry 1 (Quantitative Reasoning A met)

Freshman

Fall	Credits	Spring	Credits
Communication A (fall or spring semester)	3	Communication A (fall or spring semester)	3
CHEM 103	4	KINES 119	2
Liberal Studies course work	8-11	CHEM 104	5
		Liberal Studies course work	0-8
	15		15

Sophomore

Fall	Credits	Spring	Credits
BIOLOGY/ ZOOLOGY 101	3	STAT 371 or PSYCH 210	3
BIOLOGY/ ZOOLOGY 102	2	KINES 116	2
PHYSICS 103	4	PSYCH 202	3
Ethnic Studies	3	Liberal Studies or General Elective course work	7
Liberal Studies course work	4		
	16		15

Junior

Fall	Credits	Spring	Credits
KINES 330 or 361	2-3	KINES 361 or 330	2-3

KINES 350 (or Advanced Kines Elective) ¹	3 KINES 314	4
ANAT&PHY 335	5 ANAT&PHY 337	3
Advanced Kines Elective ¹	3 ANAT&PHY 338	2
	KINES 350 (or Advanced Kines Elective)	3

14**14****Senior**

Fall	Credits	Spring	Credits
KINES 318 or 300		3 KINES 300 or 318	3
Communication B - Select one of the following either in the fall or spring semester		3 Communication B - Select one of the following either in the fall or spring semester (KINES 600 is not offered in the spring)	3
KINES 355		KINES 355	
KINES 521		KINES 521	
KINES 600		Advanced Kines Elective	3
Advanced Kines Elective		2 Liberal Studies, Advanced Kines Elective or General Elective course work	7-10
Liberal Studies, Advanced Kines Elective or General Elective course work	7-10		
15		16	

Total Credits 120**1**

A total of 11 credits of Advanced Kines Electives are required. Elective course options are 2-3 credits.