The undergraduate major in human development and family studies (HDFS) offers specialized courses in human development from infancy through adulthood, parent-child relations, family health and well-being, parent education and support, and ethnic and cultural diversity in families. In addition to coursework, all students engage in a 150-hour, semester-long internship or high-impact learning experience in a professional setting related to their major and career goals. These settings include community health programs, early childhood education, legislative offices, health care agencies, research labs, criminal justice systems, child and family life education, and community-based social justice programs.

The major prepares students for careers in human and family service organizations and for graduate or professional school in a variety of fields including health care, education, family law, counseling, occupational therapy, program evaluation, physical therapy, case management, and the child life profession.

**HOW TO GET IN**

### PROSPECTIVE UW–MADISON STUDENTS

All prospective UW–Madison students must apply through the central Office of Admissions and Recruitment (https://www.admissions.wisc.edu).

Students who indicate interest in the human development and family studies (HDFS) major on their UW–Madison application will be admitted to the HDFS major upon admittance to the university. In addition, students may indicate interest in HDFS when registering for Student Orientation, Advising, and Registration (SOAR).

### CURRENT UW–MADISON STUDENTS

First-year students in good academic standing and first-semester transfer students may declare the HDFS major upon request. All other students must apply through a competitive application process.

The best way for interested students to receive advising or additional information is by attending a Becoming a SoHE Student Workshop (https://sohe.wisc.edu/prospective-students/prospective-students/becoming-sohe-student-workshops).

Visit On-campus Student Application (https://sohe.wisc.edu/prospective-students/prospective-students/applying-human-ecology) for application information and the October and February deadlines.

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**REQUIREMENTS**

### UNIVERSITY GENERAL EDUCATION REQUIREMENTS

All undergraduate students at the University of Wisconsin–Madison are required to fulfill a minimum set of common university general education requirements to ensure that every graduate acquires the essential core of an undergraduate education. This core establishes a foundation for living a productive life, being a citizen of the world, appreciating aesthetic values, and engaging in lifelong learning in a continually changing world. Various schools and colleges will have requirements in addition to the requirements listed below. Consult your advisor for assistance, as needed. For additional information, see the university Undergraduate General Education Requirements (http://guide.wisc.edu/undergraduate/#requirementsforundergraduatestudystext) section of the Guide.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>General Education</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Breadth—Humanities/Literature/Arts: 6 credits</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Breadth—Natural Science: 4 to 6 credits, consisting of one 4- or 5-credit course with a laboratory component; or two courses providing a total of 6 credits</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Breadth—Social Studies: 3 credits</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Communication Part A &amp; Part B *</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Ethnic Studies *</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Quantitative Reasoning Part A &amp; Part B *</td>
<td></td>
</tr>
</tbody>
</table>

* The mortarboard symbol appears before the title of any course that fulfills one of the Communication Part A or Part B, Ethnic Studies, or Quantitative Reasoning Part A or Part B requirements.

### HUMAN DEVELOPMENT AND FAMILY STUDIES REQUIREMENTS

A complete list of requirements is below. Students should follow the curriculum requirements in place at the time they entered the major. Curriculum checksheets from previous academic years are available online (https://sohe.wisc.edu/prospective-students/advising/curriculum-checksheets). This requirement list should be used in combination with a DARS report.

#### School of Human Ecology Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>Arts and Humanities</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Literature</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Humanities</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td><strong>Social Science</strong></td>
<td></td>
</tr>
<tr>
<td>PSYCH 202</td>
<td>Introduction to Psychology</td>
<td>3-4</td>
</tr>
<tr>
<td></td>
<td>Select 6 credits designated Social Science breadth</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td>Physical, Biological and Natural Science</td>
<td>9</td>
</tr>
<tr>
<td></td>
<td>Human Ecology Breadth</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Select a Human Ecology course from CNSR SCI, CSCS, DS, or INTER-HE</td>
<td></td>
</tr>
</tbody>
</table>

#### Human Development and Family Studies Major Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>Learning Outcome 1: Lifespan Human Development</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Earlier Lifespan</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Select one of the following:</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 362</td>
<td>Development of the Young Child</td>
<td></td>
</tr>
<tr>
<td>ED PSYCH 320</td>
<td>Human Development in Infancy and Childhood</td>
<td></td>
</tr>
<tr>
<td>PSYCH 460</td>
<td>Child Development</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Later Lifespan</strong></td>
<td></td>
</tr>
<tr>
<td>HDFS 363</td>
<td>Development from Adolescence to Old Age</td>
<td>3</td>
</tr>
</tbody>
</table>
Learning Outcome 2: Family and Community Diversity
Select one of the following:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>HDFS/CNSR SCI 465</td>
<td>Families &amp; Poverty</td>
</tr>
<tr>
<td>HDFS 474</td>
<td>Racial Ethnic Families in the U.S.</td>
</tr>
<tr>
<td>HDFS/AFROAMER/SOC WORK 521</td>
<td>African American Families</td>
</tr>
</tbody>
</table>

Learning Outcome 3: Internal Family Processes
Select one of the following:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>HDFS 471</td>
<td>Parent - Child Relations</td>
</tr>
<tr>
<td>HDFS 516</td>
<td>Stress and Resilience in Families Across the Lifespan</td>
</tr>
<tr>
<td>HDFS 517</td>
<td>Couple Relationships</td>
</tr>
</tbody>
</table>

Learning Outcome 4: Social Institution Influences
Select one of the following:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>HDFS 469</td>
<td>Family and Community Influences on the Young Child</td>
</tr>
<tr>
<td>HDFS 535</td>
<td>A Family Perspective in Policymaking</td>
</tr>
<tr>
<td>HDFS/COM ARTS/ JOURN/LSC 616</td>
<td>Mass Media and Youth</td>
</tr>
</tbody>
</table>

Learning Outcome 5: Assessment, Prevention, Intervention, and Outreach
Select one of the following:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>HDFS/INTER-HE 650</td>
<td>Parent Education and Support Programs</td>
</tr>
<tr>
<td>HDFS 663</td>
<td>Developmental and Family Assessment</td>
</tr>
</tbody>
</table>

Learning Outcome 6: Understanding Social Science Research

Statistics
Select one of the following:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>SOC/C&amp;E SOC 360</td>
<td>Statistics for Sociologists I</td>
</tr>
<tr>
<td>STAT 301</td>
<td>Introduction to Statistical Methods</td>
</tr>
<tr>
<td>STAT 371</td>
<td>Introductory Applied Statistics for the Life Sciences</td>
</tr>
<tr>
<td>PSYCH 210</td>
<td>Basic Statistics for Psychology</td>
</tr>
</tbody>
</table>

Research Methods
Select one of the following:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>HDFS 425</td>
<td>Research Methods in Human Development and Family Studies</td>
</tr>
<tr>
<td>PSYCH 225</td>
<td>Research Methods</td>
</tr>
<tr>
<td>SOC/C&amp;E SOC 357</td>
<td>Methods of Sociological Inquiry</td>
</tr>
</tbody>
</table>

Professional Development

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>INTER-HE 202</td>
<td>SoHE Career &amp; Leadership Development</td>
</tr>
<tr>
<td>HDFS 501</td>
<td>Special Topics (Select Special Topic: HDFS Leadership Symposium)</td>
</tr>
<tr>
<td>HDFS 601</td>
<td>Internship</td>
</tr>
</tbody>
</table>

Additional high-impact practice course to be approved by the student's SoHE academic advisor

Electives
Select courses to bring degree credit total to 120

Total Credits | 62-64

1. Examples include service learning course, second internship or research experience, study abroad experience, select upper-level HDFS courses, or undergraduate teaching assistantship experience.

UNIVERSITY DEGREE REQUIREMENTS

Requirements Detail

Total Degree
To receive a bachelor’s degree from UW–Madison, students must earn a minimum of 120 degree credits. The requirements for some programs may exceed 120 degree credits. Students should consult with their college or department advisor for information on specific credit requirements.

Residency
Degree candidates are required to earn a minimum of 30 credits in residence at UW–Madison. “In residence” means on the UW–Madison campus with an undergraduate degree classification. “In residence” credit also includes UW–Madison courses offered in distance or online formats and credits earned in UW–Madison Study Abroad/Study Away programs.

Quality of Work
Undergraduate students must maintain the minimum grade point average specified by the school, college, or academic program to remain in good academic standing. Students whose academic performance drops below these minimum thresholds will be placed on academic probation.

LEARNING OUTCOMES

1. Knowledge of lifespan human development (including cognitive, social, and emotional development and individual differences) in social and ecological contexts.
2. Knowledge of family and community diversity.
3. Knowledge of internal family processes, including parenting and parent-child relations, couples, and family relationships across generations and family health and wellbeing.
4. Ability to consider and evaluate how children, adults, and individual families affect and are affected by policies, media, or other social institutions.
5. Knowledge about the effective and ethical practice of assessment, prevention, intervention, or outreach for individuals and families.
6. Ability to understand, evaluate, and ethically conduct social science research.
7. Ability to demonstrate relevant professional skills.

ADVISING AND CAREERS

STUDENT ACADEMIC AFFAIRS & CAREER DEVELOPMENT

The Student Academic Affairs & Career Development Office (SAA) fosters undergraduate students’ personal, academic, and professional development. Through advising, academic planning, and career education
we support students as they navigate the college experience—from exploring our majors as prospective students to becoming SoHE alumni.

**ACADEMIC ADVISING**

Each SoHE student is assigned to an academic advisor in the Student Academic Affairs & Career Development Office. SoHE academic advisors support academic and personal success by partnering with current and prospective SoHE students as they identify and clarify their educational goals, develop meaningful academic plans, and pursue their own Wisconsin Experience.

To explore academic advising resources or schedule an appointment with a SoHE academic advisor, visit Advising in SoHE (https://sohe.wisc.edu/prospective-students/advising).

**CAREER DEVELOPMENT**

Active engagement in the career development process is a vital component of a student’s personal growth in college and future success as a life-long learner, professional, and global citizen. SoHE career advisors help prepare students for life post-graduation through individual and group advising and integration of career readiness throughout our curriculum.

To explore career development resources or schedule an appointment with a SoHE career advisor, visit Internship and Career Preparation (https://sohe.wisc.edu/prospective-students/career-preparation).

**PEOPLE**

Professors Poehlmann-Tynan, Raison, Roberts, Small; Associate Professors Dilworth-Bart, Duncan, Halpern-Meekin, Hartley, Kirkorian, Nix, Papp; Assistant Professor Litzelman; Faculty Associates Burkholder, Levchenko

For more information, visit the School of Human Ecology faculty and staff directory (https://sohe.wisc.edu/connect/faculty-staff).