**PSYCHIATRY (PSYCHIAT)***

**PSYCHIAT 699 — INDEPENDENT STUDY**
0-5 credits.

Self-directed work under the supervision and guidance of a faculty member or instructional staff, and often in conjunction with a day-to-day mentor that is a graduate student or postdoc researcher in the faculty member’s or instructor’s group. Students normally participate in aspects of ongoing research projects. Enroll Info: None

Requisites: Consent of instructor

Course Designation: Level - Advanced

L&S Credit - Counts as Liberal Arts and Science credit in L&S

Repeatable for Credit: Yes, unlimited number of completions

Last Taught: Spring 2020

**PSYCHIAT 712 — FOUNDATIONS IN INFANT, EARLY CHILDHOOD AND FAMILY MENTAL HEALTH: DEV, SCREENING, ASSESSMENT AND DIAG**
3 credits.

This course provides students with a comprehensive understanding of the underpinnings of Infant, Early Childhood and Family Mental Health. Content begins with a focus on pregnancy, transition to parenthood and development of typical and atypical attachment relationships. Subsequent sessions provide a knowledge base on early childhood development and on screening and assessment of social, emotional, cognitive, communication, motor and regulatory capacities in infants and young children in the context of their caregiving relationships. Students will become familiar with reliable and valid screening and assessment tools, developmentally appropriate diagnostic nosologies, methods of conceptualizing risk and protective factors, and planning for therapeutic interventions that build on strengths and address vulnerabilities in infants, young children, and their families. A unique feature of this course is on observation and assessment of early parent-child relationships and the use of video replay to engage parents in assessing their relationship with their child. During the course of the semester, students will also benefit from invited state and national guest speakers and faculty and instructors from the UW. Enroll Info: Enrollment in the Capstone Certificate in Infant, Early Childhood and Family Mental Health

Requisites: Graduate/professional standing

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Fall 2019

**PSYCHIAT 713 — SEMINAR IN REFLECTIVE PRACTICES AND MINDFULNESS IN INFANT, EARLY CHILDHOOD & FAMILY MENTAL HEALTH I**
2 credits.

This course provides students with a foundation in reflective practices through discussion of cases, infant and family observations and mindfulness experiences as applied to their work with infants, young children and families. These practices allow students to explore and experience ways in which reflective practices strategies may be applied to the understanding of family and child development and to the screening, assessment and diagnoses in infants, young children and families. Students will learn strategies to focus their attention and to develop increased awareness and regulation of sensations, thoughts and emotions and how these skills can support best practices in their work with families of infants and young children. In reflective practice mentoring groups, students are also provided with both descriptive and in-vivo examples of reflective practice, along with case based presentations, allowing for deeper introspection and supportive discussion to increase clarity and engagement in their work with parents in the transition to parenthood and in parenting infants and young children. Discussion of professional ethics and boundaries related to the dilemmas faced by professionals working with families during the perinatal period and in early childhood, especially those in high risk and challenging circumstances will be addressed throughout the seminar. Enroll Info: Students must be accepted into/enrolled in the Capstone Certificate in Infant, Early Childhood and Family Mental Health

Requisites: Graduate/professional standing

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Fall 2019

**PSYCHIAT 714 — CONSULTATION IN INFANT, EARLY CHILDHOOD AND FAMILY MENTAL HEALTH: ADVANCED CLINICAL PRACTICE I**
1 credit.

This small group and individualized course offers students an opportunity to reflect upon their work with mothers and partners in the prenatal and postpartum period, infants, young children and their families. Course faculty and a senior, clinical consultant will guide students in exploring their individual responses to the literature, course content and issues raised in their work including personal experience and reactions as well reflecting on the parallel process. The intent is to support the student’s professional development in ways that broaden and deepen the effectiveness of their work. Enroll Info: Enrollment in the Capstone Certificate in Infant, Early Childhood and Family Mental Health

Requisites: Graduate/professional standing

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Fall 2019
PSYCHIAT 715 — THERAPEUTIC INTERVENTIONS, PRACTICES AND POLICY IN INFANT, EARLY CHILDHOOD AND FAMILY MENTAL HEALTH
3 credits.

This course offers students the opportunity to apply knowledge of Infant, Early Childhood and Family Mental Health concepts, assessment and diagnosis to planning and implementation of relationship-based and individual treatment approaches as well as to program development and policy. Students will be introduced to best practices and evidence based multi-disciplinary treatment approaches to address a range of presenting issues, settings, and cultural contexts for vulnerable children who are evidencing social, emotional, behavioral or attentional disturbances and parents with psychiatric disorders. Implications for informing policy across systems of care will be addressed. During the course of the semester, students will benefit from invited state and national speakers and guest faculty and instructors from the UW speaking on their areas of expertise. Enroll Info: Admission into the proposed Capstone Certificate Program in Infant, Early Childhood and Family Mental Health

Requisites: Graduate/professional standing
Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement
Repeatable for Credit: No
Last Taught: Spring 2020

PSYCHIAT 716 — SEMINAR IN REFLECTIVE PRACTICES AND MINDFULNESS IN INFANT, EARLY CHILDHOOD AND FAM MENTAL HEALTH II
2 credits.

This course provides students with continued advancement in reflective practices through discussion of cases, infant and family observations and mindfulness experiences as applied to their work with infants, young children and families. Students are provided with additional practice strategies and increasingly in-depth opportunities for introspection self-awareness and supportive discussion towards greater, clarity and engagement in their work. This will include a greater recognition of the parallel process between the nature of their relationship with a parent and the parent’s relationship with their child. The focus will be on the application of mindfulness strategies and reflective practices to relationship-based therapeutic interventions with families of infants and young children, with a special focus on underserved populations and family circumstances where maternal depression, other mental health and co-morbid substance abuse disorders or trauma experiences (current or past) may contribute to disturbances in the parent-child relationship and the child's development. The course will also introduce mindfulness strategies that can be offered to parents and young children to reduce stress and increase mindful awareness and attention. In addition, concepts of ethics and boundaries will be integrated into the seminar course throughout the semester. There will also be opportunities for students to reflect upon their experiences in planning and conducting outreach education and consultation on topics related to infant, early childhood and family mental health to programs within their communities. The implications for policy and practice will also be addressed. This course will also include a self-assessment process that will support the students in assessing the appropriate level of endorsement and their readiness to apply for the Wisconsin Alliance for Infant Mental Health Endorsement. The semester concludes with an all-day mindfulness retreat incorporating what was learned over the semester. Enroll Info: Students must be accepted into/enrolled in the Capstone Certificate in Infant, Early Childhood and Family Mental Health

Requisites: Graduate/professional standing
Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement
Repeatable for Credit: No
Last Taught: Spring 2020

PSYCHIAT 717 — CONSULTATION IN INFANT, EARLY CHILDHOOD AND FAMILY MENTAL HEALTH: ADVANCED CLINICAL PRACTICE II
1 credit.

This small group and individualized course offers students an opportunity to reflect upon their work with mothers and partners in the prenatal and postpartum period, infants, young children and their families. Course faculty and a senior, clinical consultant will guide students in exploring their individual responses to the literature, course content and issues raised in their work including personal experience and reactions as well reflecting on the parallel process. The intent is to support the student’s professional development in ways that broaden and deepen the effectiveness of their work. Enroll Info: None

Requisites: Graduate/professional standing
Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement
Repeatable for Credit: No
Last Taught: Spring 2016
Psychiatry (PSYCHIAT) 3

PSYCHIAT 812 — THIRD YEAR PSYCHIATRY
1-6 credits.
Enroll Info: None
Requisites: Graduate/professional standing
Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement
Repeatable for Credit: Yes, unlimited number of completions
Last Taught: Spring 2018

PSYCHIAT 901 — SPORTS PSYCHIATRY: IMPROVING THE MENTAL HEALTH OF ATHLETES AT THE INDIVIDUAL AND SYSTEMS LEVELS
2 credits.
Improve skills in providing psychiatric health care to athlete populations. Sports psychiatry as a sub-speciality within psychiatry focuses on diagnosis and treatment of psychiatric illness in athletes. While utilization of psychological approaches to enhance performance can be part of the work of the sports psychiatrist, the emphasis is more on addressing actual mental illness in this population. Sports psychiatry may also involve the use of exercise as a therapeutic or preventative intervention for mental illness. Sports psychiatry typically focuses on mental health care for individual athletes, but systems-wide initiatives (e.g., at the level of the team or university) are also often important. Enroll Info: None
Requisites: MED SC-M 810, 811, 812, and 813
Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement
Repeatable for Credit: No
Last Taught: Fall 2019

PSYCHIAT 902 — THE BASIC SCIENCE OF SLEEP AND CONSCIOUSNESS
2 credits.
Sleep occupies a third of our life, and is found in all animal species. Loss of sleep has both acute and long-term negative consequences on the brain and the body. Still, why we sleep remains unclear, and hypotheses on the role of sleep for synaptic homeostasis, learning and memory, cardiovascular and metabolic health, are being tested in humans and animal models. Learn how the sleeping brain can either support vivid conscious experiences (dreaming) or not (deep slow wave sleep); brain structures involved in wake and sleep; how sleep pressure increases during waking; effects of sleep deprivation; causes of narcolepsy and other sleep disorders. How to study sleep in genetic models like flies; electron microscopy to assess effects of sleep loss on synapses; enhancement of sleep slow waves in humans; development and testing of theoretical models; methods to assess levels of consciousness in humans. During time at the WI Sleep Clinic, learn how sleep disorders are diagnosed and treated. Enroll Info: None
Requisites: MED SC-M 810, 811, 812, and 813
Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement
Repeatable for Credit: No

PSYCHIAT 910 — PSYCHIATRY INDEPENDENT READING AND RESEARCH ELECTIVE
1-12 credits.
Independent exposure to research methodology as it pertains to psychiatry and/or affective neuroscience. Enroll Info: None
Requisites: Graduate/professional standing
Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement
Repeatable for Credit: Yes, unlimited number of completions
Last Taught: Spring 2020

PSYCHIAT 919 — PSYCHIATRY INDIVIDUALIZED CLINICAL ELECTIVE
1-12 credits.
Develop a customized experience with relevant faculty not offered by our already established electives. Enroll Info: None
Requisites: Graduate/professional standing
Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement
Repeatable for Credit: Yes, unlimited number of completions
Last Taught: Spring 2020

PSYCHIAT 921 — BEHAVIORAL HEALTH CLINICAL ELECTIVE
1-12 credits.
Behavioral medicine clinical patient care, under faculty supervision. All members of the department interact with the student who is typically assigned primarily to one member, depending upon the student’s interests. Spend time with the Psychiatric Unit nursing staff to learn how the Unit itself is used as a treatment modality. Enroll Info: None
Requisites: Graduate/professional standing
Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement
Repeatable for Credit: Yes, unlimited number of completions
Last Taught: Fall 2019

PSYCHIAT 922 — PSYCHIATRY CONSULTATION AND LIAISON CLINICAL ELECTIVE
1-12 credits.
Learn psychiatric assessment of patients admitted to University Hospital medical and surgical floors (including burn unit, trauma service and transplant services). Learn emergency psychiatric assessment through consultation to the University Hospital emergency department. Enroll Info: None
Requisites: Graduate/professional standing
Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement
Repeatable for Credit: Yes, unlimited number of completions
Last Taught: Spring 2020

PSYCHIAT 925 — COMMUNITY PSYCHIATRY CLERKSHIP-CSC/DANE COUNTY MHC
2-12 credits.
Enroll Info: None
Requisites: Graduate/professional standing
Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement
Repeatable for Credit: Yes, unlimited number of completions
Last Taught: Spring 2019
PSYCHIAT 930 — PSYCHIATRY GERIATRIC CLINICAL ELECTIVE
1-12 credits.
Care of older adults with mental illness, including late-life depression and anxiety, suicidality, dementia, and substance use disorders. Under the supervision of clinicians with extensive experience in the care of older adults, help care for patients in inpatient, outpatient and long-term care settings. Have the opportunity to experience public health approaches to improving the mental health of older adults, for example, by attending caregiver support groups. Enroll Info: None
Requisites: Graduate/professional standing
Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement
Repeatable for Credit: Yes, unlimited number of completions
Last Taught: Spring 2020

PSYCHIAT 932 — PSYCHIATRY ADDICTION CLINICAL ELECTIVE
1-12 credits.
Etiology, assessment, and treatment of substance use disorders and psychiatric co-morbidity. Enroll Info: None
Requisites: Graduate/professional standing
Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement
Repeatable for Credit: No

PSYCHIAT 933 — PUBLIC HEALTH ADVOCACY AND SERVICE IN PSYCHIATRY
2 credits.
Broad set of experiences in public health service and public health advocacy, and exposure to a number of community resources and organizations. Spend time within a mental health integrated care setting under faculty supervision. These models of care have been shown to be cost-effective ways of delivering mental health care to large numbers of patients, thereby addressing a public health need given the serious shortage of Psychiatrists. Work with the Wisconsin Medical Society to receive media training and write and record a public service announcement on a Psychiatric public health issue. Receive Advocacy training. Attend meetings of local professional advocacy organizations (e.g., the Wisconsin Medical Society, Dane County Medical Society) with the Course Director, dependent on time of enrollment. Enroll Info: None
Requisites: MED SC-M 810, 811, 812, and 813
Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement
Repeatable for Credit: No

PSYCHIAT 934 — PSYCHIATRY INPATIENT CLINICAL ELECTIVE
2-4 credits.
Introduction to common psychiatric diagnoses (mood disorders, psychotic disorders and personality disorders) in the hospital setting. Actively participate in patient care under the supervision of 2 Inpatient Attending Faculty and 3 Psychiatry Residents. During daily multidisciplinary rounds, present detailed clinical information about new patients. Provide updates on the patients you are following. Each student is assigned 2 or 3 patients. You are included in all aspects of patients’ care and have ample time for in-depth interviews. Attend family meetings and play an integral role in obtaining collateral information from family or outside sources. Daily progress notes are reviewed by attendings and residents. Enroll Info: None
Requisites: Graduate/professional standing
Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement
Repeatable for Credit: Yes, unlimited number of completions
Last Taught: Spring 2020

PSYCHIAT/PEDIAT 946 — CHILD AND ADOLESCENT PSYCHIATRY CLINICAL ELECTIVE
1-12 credits.
Introduction to core knowledge and skills in child and adolescent psychiatry including assessment, diagnoses, and treatment of children and adolescents through exposure to inpatient, outpatient, and consultation/liaison settings. Exposure to the intricacies of working with families and systems providing care to child and adolescent patients. Designed for students considering careers in psychiatry, pediatrics, and family practice. Enroll Info: None
Requisites: Graduate/professional standing
Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement
Repeatable for Credit: Yes, unlimited number of completions
Last Taught: Spring 2020