

# COUNSELING PSYCHOLOGY, DOCTORAL MINOR

The minor in counseling psychology is in alignment with a scientist-practitioner model of training, which emphasizes the integration of counseling and psychological theory and practice along with development of research skills in the domains encompassed by counseling psychology.

The profession of counseling psychology uses an inclusive definition of multiculturalism (i.e., a range of individual cultural differences including, but not limited to, race/ethnicity, gender, sexual orientation, disability, class status). In doing so, the complexity of diversities and influence of oppressions and saliencies of multiple cultures can be addressed. Students in counseling psychology are trained to apply a tripartite framework of personal identity in which individual, group, and universal levels are considered. Drawing from such a holistic framework permits the simultaneous attention and address of unique processes, cultural differences and similarities, and universal experiences, while recognizing the influence of social conditioning, sociopolitical forces and context, and institutional processes. This emphasis on respect for diversity and competence to bridge cultural divides is consistent with the core values of counseling psychology, and has implications for the roles and mutual obligations of trainers and trainees in counseling psychology programs.