The Department of Kinesiology’s mission is to research, teach and apply knowledge related to movement, exercise and human occupation, with the ultimate goal of enhancing human health, productivity and quality of life. The Department of Kinesiology offers graduate courses that reflect the breadth of the discipline, including biomechanics, exercise psychology, exercise physiology, motor control and behavior, physical activity epidemiology and occupational science. A minor from the Department of Kinesiology is tailored to each student's individual interests, career goals, needs and background. The learning goals for the doctoral minor are to demonstrate an understanding of the major current and past theories, research findings, methodologies and techniques in one or more of the broad areas of inquiry represented within the Department of Kinesiology.