KINESIOLOGY: EXERCISE PSYCHOLOGY, PH.D.

REQUIREMENTS

MINIMUM GRADUATE SCHOOL REQUIREMENTS

Review the Graduate School minimum academic progress and degree requirements (http://guide.wisc.edu/graduate/#policiesandrequirementstext), in addition to the program requirements listed below.

NAMED OPTION REQUIREMENTS

MODE OF INSTRUCTION

Face to Face	Evening/ Weekend	Online	Hybrid	Accelerated
Yes	No	No	No	No

Mode of Instruction Definitions

Accelerated: Accelerated programs are offered at a fast pace that condenses the time to completion. Students typically take enough credits aimed at completing the program in a year or two.

Evening/Weekend: Courses meet on the UW–Madison campus only in evenings and/or on weekends to accommodate typical business schedules. Students have the advantages of face-to-face courses with the flexibility to keep work and other life commitments.

Face-to-Face: Courses typically meet during weekdays on the UW-Madison Campus.

Hybrid: These programs combine face-to-face and online learning formats. Contact the program for more specific information.

Online: These programs are offered 100% online. Some programs may require an on-campus orientation or residency experience, but the courses will be facilitated in an online format.

CURRICULAR REQUIREMENTS

Requirement	Detail
Minimum Credit Requirement	51 credits
Minimum Residence Credit Requirement	32 credits
Minimum Graduate Coursework Requirement	26 credits must be graduate-level coursework. Details can be found in the Graduate School's Minimum Graduate Coursework (50%) policy (https://policy.wisc.edu/library/UW-1244 (https://policy.wisc.edu/library/UW-1244/)).
Overall Graduate GPA Requirement	3.00 GPA required. This program follows the Graduate School's policy: https://policy.wisc.edu/library/UW-1203 (https://policy.wisc.edu/library/UW-1203/)
Other Grade Requirements	n/a
Assessments and Examinations	Ph.D. students must: 1. pass preliminary exams (http://grad.wisc.edu/acadpolicy/#preliminaryexaminations) administered by a three member faculty committee; and 2. successfully propose and defend a dissertation before a five-member committee.
Language Requirements	No language requirements.
Breadth Requirement	A doctoral minor or graduate/professional certificate is not required due to the broad areas of inquiry within Kinesiology. To ensure the breadth of study requirement is achieved, students are required to complete a minimum of 2 graduate level courses (at least 2 credits each) in Kinesiology, outside of their named option coursework.

REQUIRED COURSES

Code	Title	Credits
KINES 900	Seminar in Kinesiology [1]	4
KINES 990	Research or Thesis	4+
KINES 991	Research in Physical Activity-Theory and Design	3
General Field Requirement		**4-6**
	At least 2 graduate level courses of at least 2 credits each in Kinesiology, at UW-Madison, outside of the Exercise Psychology area. [2]	
Suggested Electives		
	With the exception of the requirements above, no specific courses are required of candidates for the Ph.D. in Kinesiology with specialization in Exercise Psychology. For the Ph.D., candidates must complete a minimum of 51 credits beyond the baccalaureate degree in accordance with Graduate School policy, but most students in the exercise psychology program elect to take additional credits beyond this minimum. Emphasis is placed on the demonstration of competence in general psychology, exercise psychology, exercise science, statistics and research design, rather than on completion of specific courses. Each candidate's program of formal coursework and independent study is tailored in a personalized manner to accommodate the individual's research and career goals.	
Total Credits		**51**

1

All Kinesiology M.S. and Ph.D. students are required to register for KINES 900 Seminar in Kinesiology for 1 credit each semester they are enrolled in the program, for a minimum of 4 credits.

2

The courses within the Exercise Psychology area include:

- KINES 600 Advanced Exercise Psychology
- KINES 700 Psychological Effects of Exercise
- KINES 800 Seminar-Exercise Psychology