Nutritional sciences is an interdisciplinary field rooted in biology and biochemistry. The majors integrates the study of nutrition within the role of diet in health and disease and combines the basic and applied sciences to health and medicine.

The Department of Nutritional Sciences offers two areas of undergraduate study in nutrition, both of which require core courses within the chemistry, physiology, biochemical, clinical, business, and public health aspects of nutrition.

With focus on nutrition and preventative health, the Nutritional Sciences majors provide an excellent foundation for students who are looking to work in clinical and community nutrition, prepare for graduate education in the health and biochemical sciences, and/or pursue careers in research and industry.