

HEALTH EDUCATION, MINOR

The health minor may be completed by students in physical education or by teachers already licensed to teach at an appropriate level in Wisconsin.

This minor prepares teachers to (1) teach health as a separate course or as a planned integral part of other areas of instruction and (2) assist the school administration and teaching staff in developing a broad school health program.

Certification in a major area of interest must accompany the completion of this minor; students cannot be certified to only teach health.

HOW TO GET IN

Upon admission into their teacher education degree program in the School of Education, students should meet immediately with the health education program coordinator, Cindy Kuhrasch, ckuhrasch@education.wisc.edu, to develop a course completion schedule.

To indicate the intent to complete the health education minor, students should fill out a minor declaration form available in Education Academic Services, Room 139 Education Building.

REQUIREMENTS

Complete a minimum of 23 credits to include all coursework below. A minimum 2.75 GPA is required, based on all UW–Madison coursework included in the minor requirements.

The program coordinator for the health minor is Cindy Kuhrasch, ckuhrasch@education.wisc.edu. Students may also wish to consult with advising staff at Education Academic Services (EAS), Room 139 Education Building, 1000 Bascom Mall, 608-262-1651.

Upon acceptance into a major program in the School of Education, students should meet immediately with the health education program advisor to work out a schedule for required courses.

CORE REQUIREMENTS (23–24 CREDITS)

Code	Title	Credits
KINES 116	First Aid and Basic Life Support ¹	2
ANAT&PHY 235 or ANAT&PHY 335	Human Physiology and Health Physiology	4
KINES/CURRIC 501	Health Information for Teachers	3
KINES 547	Skills for Health: Methods and Practicum of Teaching Health	3
SOC WORK 453	Alcohol and Other Drug Abuse	3
Take one of the following:		3-4
SOC/PSYCH 160	Human Sexuality: Social and Psychological Issues	
PSYCH/SOC 453	Human Sexuality	
ED POL/ CURRIC 677	Education, Health and Sexuality: Global Perspective and Policies	
KINES 566	Promoting Health in the Community	3

KINES 568	Student Teaching in Health Education ²	2
Total Credits		23-24

- ¹ Basic Life Support for Healthcare Providers certification or CPR/AED for Professional Rescuers certification may substitute for the CPR/AED portion of KINES 116. First Aid certification may substitute for the first aid portion of KINES 116. Students must present both certifications (CPR/AED and first aid) to exempt from KINES 116. Documentation of current certification (either adult or child) must be presented to the health education program advisor. If the certification equivalent is used, the minor will require 24 credits.
- ² Eligibility for student teaching requires the completion of all courses required for the minor with a minimum GPA of 2.75. Students must also meet the content knowledge requirements for Health. A meeting with the health education coordinator is required before submitting a student teaching application. Students should bring a current transcript to this meeting. Special arrangements can be made for teachers seeking add-on certification in Health.