Health education is a subject equally important, or even more important, than other subject areas. It is critical to students’ education and development, and is a foundation for their success in all endeavors in school and life.

The health education minor at UW-Madison prepares individuals to teach health as a separate course or as an integral part of other subject areas. The minor also trains persons to assist school administrators and teaching staff in developing a broad school health program, engaging many aspects of the school and community at large.

The curriculum for the health education minor is varied. At its foundation lies health-related content. Building on that foundation, students are taught a skills-based approach to teaching health, which empowers youth in schools to make wise health-related decisions. Student teaching in a middle school or high school health classroom culminates the health education minor.

We are committed to providing quality health instruction to our students and ultimately to developing health-literate students in schools. To that end, the health education minor includes:

- Standards-based curriculum
- Skills-based approach to teaching health education
- Placements in urban, inclusive, and multicultural settings
- Small class sizes and advising groups
- Instruction within the nationally ranked UW-Madison School of Education

Students in physical education teacher education or teachers already licensed to teach at an appropriate level in Wisconsin are eligible to complete the health education minor.

Graduates are eligible to apply for a Wisconsin Health license at the Early Childhood through Adolescence (Prekindergarten through grade 12) level.