

HEALTH PROMOTION AND HEALTH EQUITY, BS

The Health Promotion and Health Equity (HPHE) major was created through a collaborative effort across the departments of Counseling Psychology, Kinesiology, and Rehabilitation Psychology and Special Education in the School of Education. The Department of Kinesiology is the home of this major; its mission is to research, teach, and apply knowledge related to movement, exercise, and human occupation with the ultimate goal of enhancing human health, productivity, and quality of life.

The program is broadly designed to provide students with the skills and perspectives to facilitate healthy practices at the individual and societal levels. Students will learn about the theoretical, programmatic and empirical foundations of health promotion and health equity interventions and be taught to demonstrate competence in evaluating strengths and weaknesses in health promotion programs.

The coursework will prepare students for emerging career opportunities within community health organizations, hospitals, mental health centers, clinics, schools and universities, businesses and non-profits, governmental health offices, and various other public health-related professions.

"I'm from Madison and became interested in the HPHE program because I knew I wanted to work in the healthcare field, but was not sure in what direction. When I heard about this degree I loved how versatile it was!" –Victoria Ruiz de la Vega (read more (https://education.wisc.edu/news/victoria-ruiz-de-la-vega-from-the-school-of-educations-health-promotion-and-health-equity-major/?utm_source=Early_AD&utm_medium=email&utm_campaign=HPHE_majors&utm_id=student&utm_content=Student_Story))

HOW TO GET IN

HOW TO GET IN ADMISSION OVERVIEW

Students interested in Health Promotion and Health Equity may complete this major in two ways: (1) by entering the School of Education to complete a Bachelor of Science degree with a major in Health Promotion and Health Equity, or (2) adding the Health Promotion and Health Equity major as an additional major while completing another degree and major on campus. Students selecting the second option should review the Additional Major in Health Promotion and Health Equity (p. 2) section below.

ENTERING THE SCHOOL OF EDUCATION

New and Current UW–Madison Students

New freshmen and off-campus transfers interested in completing the Bachelor of Science degree with the Health Promotion and Health Equity major are admitted directly to the School of Education and the major upon admission to UW–Madison. Current UW–Madison students wishing to transfer to the School of Education to complete an undergraduate degree with this major must meet with an advisor in the School of Education Student Services office (608-262-1651) or with the Health Promotion and Health Equity advisor (hphe@education.wisc.edu), to transfer and declare the major.

Prospective Transfer Students

Applicants not already enrolled on the UW–Madison campus must be admissible to the university to enroll in a School of Education degree program. Admission to UW–Madison requires a separate application and admission process. See UW–Madison Office of Admissions and Recruitment (<http://admissions.wisc.edu/>) for application information. Prospective transfer students are advised to meet with an advisor in the School of Education Student Services office in person or by telephone in advance of their application; to schedule, call 608-262-1651.

Students with a Previous Degree

Prospective applicants who already hold an undergraduate degree are strongly encouraged to meet with an advisor in the School of Education Student Services office in advance of their application. Consultations with advisors are available in person or via telephone; to schedule, call 608-262-1651.

Applicants who already hold an undergraduate degree are admitted to the School of Education as a candidate for a second degree upon completion of the admission process. Second degree students are seeking a second degree that is unrelated to their first degree. More information is available here (<https://guide.wisc.edu/undergraduate/education/#policiesandregulationstext>) under the Students with a Previous Degree heading.

APPLICATION AND ADMISSION

New freshmen and off-campus transfers are admitted directly to the Bachelor of Science–Health Promotion and Health Equity degree program. Current UW–Madison students must consult with an advisor in the School of Education Student Services office (608-262-1651) or with the Health Promotion and Health Equity advisor (hphe@education.wisc.edu) to transfer and declare the major.

Note: Requirements and selection criteria may be modified from one application/admission period to the next.

Criteria for Admission

Eligibility for admission consideration to the Bachelor of Science–Health Promotion and Health Equity degree:

- Cumulative grade point average of at least a 2.5 based on UW–Madison campus coursework, as modified by the Last 60 Credits Rule (detailed below).
- Filing of all required paperwork and other application materials, including program application and transcripts.

Last 60 Credits Rule

Two grade point averages may be calculated to determine candidates' eligibility to programs. GPAs will be calculated using

- all transferable college level coursework attempted, and
- the last 60 credits attempted.

The higher GPA of these two will be used for purposes of determining eligibility. If fewer than 60 credits have been attempted, all credits will be used to calculate the GPA. Graded graduate coursework will also be used in all GPA calculations. ("Attempted" coursework indicates coursework for which a grade has been earned.) More information on this rule is

available here (<https://guide.wisc.edu/undergraduate/education/#policiesandregulationstext>).

ADDITIONAL MAJOR IN HEALTH PROMOTION AND HEALTH EQUITY

Undergraduate students from all schools and colleges on campus may declare Health Promotion and Health Equity as an additional major.

Students wishing to declare the additional major must meet with an advisor in the School of Education Student Services office (608-262-1651) or with the Health Promotion and Health Equity advisor (hphe@education.wisc.edu), to transfer and declare the major. The declaration must also be approved by the student's home school/college.

Students completing Health Promotion and Health Equity as an additional major do not need to complete the School of Education's liberal studies and other degree requirements unless their primary major is also in the School of Education.

Please note that the requirements of the additional major must be completed before or concurrently with the degree program and primary major.

REQUIREMENTS

UNIVERSITY REQUIREMENTS

All undergraduate students must complete both the following Core General Education (Core GenEd) and University Degree and Quality of Work requirements. The requirements below apply to students whose first term at UW-Madison or whose earliest post-high school college attendance at any institution is Summer 2026 or later.

Students whose first term at UW-Madison or whose earliest post-high school college attendance at any institution occurred before Summer 2026 should refer to the archived Guide (<https://guide.wisc.edu/archive/>) for the requirements that apply to them.

CORE GENERAL EDUCATION (CORE GENED) REQUIREMENTS

Civics & Perspectives 3 credits of Civics & Perspectives coursework.

Communication & Literacy 6 credits of Communication & Literacy coursework. This requirement may be partially satisfied by a qualifying placement test score. More information: <https://go.wisc.edu/qualifyingenglishplacement> (<https://go.wisc.edu/qualifyingenglishplacement/>)

Humanities & Arts 6 credits of Humanities & Arts coursework.

Mathematics & Quantitative Reasoning 6 credits of Mathematics & Quantitative Reasoning coursework. This requirement may be partially satisfied by a qualifying placement test score. More information: <https://go.wisc.edu/qualifyingmathplacement> (<https://go.wisc.edu/qualifyingmathplacement/>)

Natural Science & Wellness Complete both:

- 6 credits of Natural Science & Wellness or Natural Science & Wellness + Laboratory coursework.
- one course must be in Natural Science & Wellness + Laboratory coursework.

Social & Behavioral Science 3 credits of Social & Behavioral Science coursework.
Total Credits 30 credits.

For more information see the policy (<https://policy.wisc.edu/library/UW-1095/>).

UNIVERSITY DEGREE AND QUALITY OF WORK REQUIREMENTS

All undergraduate degree recipients must complete the following minimum requirements. Requirements for some programs will exceed these requirements; see program requirements for additional information.

Total Degree 120 degree credits.

Residency Complete 30 credits in residence. A course is considered "in residence" if it is taken when in undergraduate degree-seeking status and:

- is offered by UW-Madison and completed on the UW-Madison campus or at an approved off-site location, or
- is offered by UW-Madison in an online or distance format, or is completed during participation in a UW-Madison study abroad/study away program.

Quality of Work Achieve at least the minimum grade point average specified by the school, college, and/or academic program.

Math Demonstrate minimal mathematics competence by:

- placing above MATH#160;96, or
- successfully completing MATH#160;96, or
- successfully completing a more advanced mathematics course such as MATH#160;112, MATH#160;113, MATH#160;114, MATH#160;141, MATH#160;211, or MATH#160;221.

English Language If required to take the UW-Madison English as a Second Language Assessment Test (MSN-ESLAT), demonstrate minimal English language competence by:

- earning credit for ESL#160;118, or
- achieving a qualifying MSN-ESLAT placement test score.

Language Complete one:

- 2 high school units of a single language other than English, or
- one course with the second semester Language designation.

Major Declaration Declare and complete the requirements for at least one major.

SCHOOL OF EDUCATION DEGREE REQUIREMENTS

COMMUNICATION: BREADTH AND DEPTH

Courses designated as Communication A (Comm A) and Communication B (Comm B) help students learn how to gather and assess information from a variety of sources and to present different kinds of information, insight, and analysis to diverse audiences. Comm A courses focus on

essential communication skills and Comm B courses teach research, writing, and communication skills within a disciplinary area.

Communication Complete either:

- A • one course with the Communication A designation, or
- satisfaction of Communication A based on UW Placement Test.

Communication One course with the Communication B designation.
B

QUANTITATIVE REASONING: BREADTH AND DEPTH

Quantitative Reasoning A courses provide students with foundational skills in mathematics, computer science, statistics or formal logic that are needed for dealing with quantitative information. In Quantitative Reasoning B courses, students use quantitative tools in the context of other disciplines or course material.

Quantitative Reasoning A Complete either:

- one course with the Quantitative Reasoning A designation, or
- satisfaction of Quantitative Reasoning A based on UW Placement Test.

Quantitative Reasoning B One course with the Quantitative Reasoning B designation.

LIBERAL STUDIES REQUIREMENTS

All students are required to complete a minimum of 40 credits of Liberal Studies (<https://guide.wisc.edu/undergraduate/education/#requirementstext>) coursework. This requirement provides an opportunity to do some academic exploration beyond the scope of the major. Students take courses in areas of particular interest and also have an opportunity to sample the wide selection of courses offered across the university. Coursework is required in humanities, social studies (social science), science, and cultural and historical studies. Some elective coursework is also needed to reach the required number of credits.

The School of Education’s Liberal Studies requirements can be used to satisfy the campus-wide Core General Education requirements. Communication A and B, and Quantitative Reasoning A and B coursework can also be used towards Core General Education and other requirements. Academic advisors can suggest courses that will count in multiple places.

A basic outline of the liberal studies is included below. Students must consult the detailed version of the requirements (<https://guide.wisc.edu/undergraduate/education/#requirementstext>) for more information about course selection and how the liberal studies requirements apply to this major.

Are you interested in switching to the School of Education? If so, you should run a “what-if” DARS report. (<https://kb.wisc.edu/registrar/94068/>) It will show how many of these requirements you have already met and are unmet.

Humanities

Complete a minimum of 9 credits from these categories.

- Literature Complete a course with the Literature designation, minimum of 2 credits

Fine Arts	Complete a minimum of 2 credits from the list of courses below.
Humanities	Courses to total 9 Humanities credits. Select from: <ul style="list-style-type: none"> • Courses with the Humanities or Literature designation. • Fine Arts courses from the list below. • Courses with the Language courses designation. • ENGL&#160;201 • ENGL&#160;207 • COM&#160;ARTS&#160;181

Fine Arts Courses

Code	Title	Credits
AFRICAN/ AFROAMER 220	HipHop, Youth Culture, and Politics in Senegal	3
AFRICAN/ AFROAMER 233	Global HipHop and Social Justice	3
AFROAMER 154	Hip-Hop and Contemporary American Society	3
AFROAMER 156	Black Music and American Cultural History	3
AFROAMER 225	Introduction to African American Dramatic Literature	3
AFROAMER/ ART HIST 241	Introduction to African Art and Architecture	3
AFROAMER/ ART HIST 242	Introduction to Afro-American Art	3
AFROAMER/ GEN&WS 267	Artistic/Cultural Images of Black Women	3
AFROAMER/ DANCE/MUSIC 318	Cultural Cross Currents: West African Dance/Music in the Americas	3
AFROAMER 338	The Black Arts Movement	3
AFROAMER/ GEN&WS 367	Art and Visual Culture: Women of the African Diaspora and Africa	3
AFROAMER/ AFRICAN 413	Contemporary African and Caribbean Drama	3-4
AMER IND 325	American Indians in Film	3
Any ART course (https://guide.wisc.edu/courses/art/)		
Any ART HIST course (https://guide.wisc.edu/courses/art_hist/)		
COM ARTS 350	Introduction to Film	3
COM ARTS 357	History of the Animated Film	3
Any DANCE course (https://guide.wisc.edu/courses/dance/)		
DS 120	Design: Fundamentals I	3
ENGL 207	Introduction to Creative Writing: Fiction and Poetry Workshop	3
ENGL 307	Creative Writing: Fiction and Poetry Workshop	3
ENGL 407	Creative Writing: Nonfiction Workshop	3
ENGL 408	Creative Writing: Fiction Workshop	3
ENGL 409	Creative Writing: Poetry Workshop	3
ENGL 410	Creative Writing: Playwriting Workshop	3

ENGL 411	Creative Writing: Special Topics Workshop	3
ENVIR ST/HIST SCI/ HISTORY 125	Green Screen: Environmental Perspectives through Film	3
FOLKLORE/ MUSIC 103	Introduction to Music Cultures of the World	3
GERMAN 253	Introduction to German Cinema	3
GERMAN 267	Yiddish Song and the Jewish Experience	3-4
ILS 203	Western Culture: Literature and the Arts I	3
ILS 204	Western Culture: Literature and the Arts II	3-4
LITTRANS 207	Slavic Science Fiction through Literature and Film	3
LITTRANS 231	Manga	3
LITTRANS 232	Anime	3
LITTRANS 233	Russian Life and Culture Through Literature and Art (to 1917)	3-4
LITTRANS 234	Soviet Life and Culture Through Literature and Art (from 1917)	3-4
LITTRANS/ FOLKLORE 327	Vampires	3
LITTRANS/ THEATRE 335	In Translation: The Drama of Henrik Ibsen	3-4
Any MUSIC course (https://guide.wisc.edu/courses/music/)		
Any MUS PERF course (https://guide.wisc.edu/courses/mus_perf/)		
Any THEATRE course (https://guide.wisc.edu/courses/theatre/)		

Social Studies

Social Studies Complete 9 credits with the Social Science designation.

The following programs have specific requirements:

- Kinesiology: PSYCH 202
- Art Education, Elementary Education, Elementary Education and Special Education, Physical Education, Special Education: POLI SCI 104 or 205

Science

Complete a minimum of 9 credits, including Physical and Biological Science. A laboratory science course is also required. The lab course can count toward the Biological or Physical Science requirement if it has the requisite breadth designation.

Physical Science	Complete one course with the Physical Science designation.
Biological Science	Complete one course with the Biological Science designation.
Lab Science	Complete one course with the Biological, Physical, or Natural Science designation with a lab component; see Course Search and Enroll. Additional eligible courses are listed below.

Science Elective(s) If needed, complete a course with the Biological, Physical, or Natural Science designation to total 9 Science credits.

Laboratory Courses

Code	Title	Credits
ANTHRO 105	Principles of Biological Anthropology	3
ATM OCN 101	Weather and Climate	4
BOTANY 100	Survey of Botany	3
BOTANY/PL PATH 123	Plants, Parasites, and People	3
FOOD SCI/ MICROBIO 324	Food Microbiology Laboratory	2
GEOSCI 100	Introductory Geology: How the Earth Works	3
PHYSICS 109	Physics in the Arts	3
PLANTSCI 110	Introduction to Plant Science and Technology	4

Cultural and Historical Studies

Complete three requirements met by separate courses. Any of these courses can also be used to meet other requirements if it has the relevant breadth designation. A single course cannot satisfy more than one of the three Cultural and Historical Studies requirements listed below.

Ethnic Studies Complete 3 credits with the Ethnic Studies Designation.

United States or European History Complete 3 credits from the list of courses below.

Global Perspectives Complete 3 credits from the list of courses below.

United States or European History Courses

Code	Title	Credits
AFROAMER 154	Hip-Hop and Contemporary American Society	3
AFROAMER 156	Black Music and American Cultural History	3
AFROAMER 231	Introduction to African American History	3
AFROAMER 272	Race and American Politics from the New Deal to the New Right	3
AFROAMER/ AFRICAN/HISTORY/ POLI SCI 297	African and African-American Linkages: An Introduction	4
AFROAMER 302	Undergraduate Studies in Afro-American History	3
AFROAMER/ HISTORY 321	African American History Since 1900	3-4
AFROAMER/ HISTORY 322	African American History to 1900	3
AFROAMER/ GEN&WS 323	Gender, Race and Class: Women in U.S. History	3
AFROAMER/ GEN&WS 324	Black Women in America: Reconstruction to the Present	3
AFROAMER/ GEN&WS 326	Race and Gender in Post-World War II U.S. Society	3

AFROAMER/ HISTORY 347	The Caribbean and its Diasporas	3-4	ASIAN AM 441	Hmong American Social Movements in the 20th and 21st Centuries	3
AFROAMER/ HISTORY 393	Slavery, Civil War, and Reconstruction, 1848-1877	3-4	C&E SOC/HISTORY/ POLI SCI/SOC 259	Forward? The Wisconsin Idea, Past and Present	1-3
AFROAMER/ HIST SCI/ MED HIST 523	Race, American Medicine and Public Health	3	CHICLA/ HISTORY 151	The North American West to 1850	3-4
AFROAMER/ ED POL 567	History of African American Education	3	CHICLA/ HISTORY 152	The United States West Since 1850	3-4
AFROAMER 621	Slavery and Capitalism in the United States	3	CHICLA/ HISTORY 153	Latina/Latino/Latinx History	3-4
AFROAMER 623	Women and Slavery in the United States	3	CHICLA 201	Introduction to Chicana/x/e and Latina/x/e Studies	3
AFROAMER/ GEN&WS 624	African American Women's Activism (19th & 20th Centuries)	3	CHICLA/GEN&WS/ HISTORY 245	Chicana and Latina History	3
AFROAMER/ GEN&WS 625	Gender, Race and the Civil Rights Movement	3	CHICLA/ HISTORY/LACIS/ POLI SCI 268	The U.S. & Latin America from the Colonial Era to the Present: A Critical Survey	3
AFROAMER 626	Slavery and Emancipation in the United States	3	CHICLA 301	Chicana/o and Latina/o History	3
AFROAMER/ HISTORY 628	History of the Civil Rights Movement in the United States	3	CHICLA 315	Racial Formation and Whiteness	3
AFROAMER 631	Colloquium in African American History	3	CHICLA/ GEN&WS 332	Latinas: Self Identity and Social Change	3
AFROAMER 671	Selected Topics in African American History	3	CHICLA/ SPANISH 364	Survey of Latina/x/e Popular Culture	3
AMER IND 100	Introduction to American Indian Studies	3	CHICLA/HISTORY/ POLI SCI 422	Latino History and Politics	3
AMER IND 185	Indigenous Athletes and Sports	3	CHICLA/ HISTORY 435	Colony, Nation, and Minority: The Puerto Ricans' World	3
AMER IND/ HISTORY 190	Introduction to American Indian History	3-4	CLASSICS/ HISTORY 110	The Ancient Mediterranean	4
AMER IND 230	Indigenous Resistance and Activism	3	CLASSICS 206	Classical Influences on Western Art and Science	3
AMER IND 250	Indians of Wisconsin	3	CLASSICS/ HISTORY/ POLI SCI 362	Athenian Democracy	3
AMER IND/ ANTHRO 314	Indians of North America	3	CLASSICS/ HISTORY/ RELIG ST 517	Religions of the Ancient Mediterranean	3
AMER IND/ HISTORY 380	Sovereignty and the Schoolhouse	3	CURRIC/ED POL/ HISTORY/ JEWISH 515	Holocaust: History, Memory and Education	3
AMER IND/ SOC WORK 636	Social Work in American Indian Communities: The Indian Child Welfare Act	3	ECON/ HISTORY 466	The American Economy Since 1865	3-4
ART HIST 357	History of Wisconsin Architecture, 1800-present	3	ED POL/ HISTORY 107	The History of the University in the West	3
ASIAN AM/ AFROAMER/ AMER IND/ CHICLA 102	Introduction to Comparative US Ethnic, American Indian, and Indigenous Studies	3	ED POL/ HISTORY 143	History of Race and Inequality in Urban America	3
ASIAN AM/ HISTORY 160	Asian American History: Movement and Dislocation	3-4	ED POL/ HISTORY 412	History of American Education	3
ASIAN AM/ HISTORY 161	Asian American History: Settlement and National Belonging	3-4	ED POL/ HISTORY 478	Comparative History of Childhood and Adolescence	3
ASIAN AM 170	Hmong American Experiences in the United States	3	ED POL/ HISTORY 612	History of Student Activism from the Popular Front to Black Lives Matter	3
ASIAN AM/SOC 220	Ethnic Movements in the United States	3-4	ENGL/HISTORY/ RELIG ST 360	Early Medieval England	3
ASIAN AM/ASIAN/ HISTORY 246	Southeast Asian Refugees of the "Cold" War	4	ENVIR ST/HIST SCI/ HISTORY 125	Green Screen: Environmental Perspectives through Film	3
ASIAN AM 253	Critical Refugee Studies	3			

ENVIR ST/GNS 210	Cultures of Sustainability: Central, Eastern, and Northern Europe	3	HISTORY 136	Sport, Recreation, & Society in the United States	3-4
ENVIR ST/ HISTORY 328	Environmental History of Europe	3	HISTORY 145	America and China, 1776-Today	3-4
ENVIR ST/GEOG/ HISTORY 460	American Environmental History	4	HISTORY 154	Who is an American?	3-4
ENVIR ST/HISTORY/ LEGAL ST 430	Law and Environment: Historical and Contemporary Perspectives	3	HISTORY 155	The Long Black Freedom Struggle from the Civil War to the Present	3-4
FOLKLORE/ GNS 200	Folklore of Central, Eastern and Northern Europe	3	HISTORY/ JEWISH 156	The American Jewish Experience: From Shtetl to Suburb	3-4
FOLKLORE 442	Immigration and Indigeneity in the Upper Midwest	3	HISTORY 170	East Meets West: Myth, Meaning, and Modernity	3-4
GEN&WS/ HISTORY 353	Women and Gender in the U.S. to 1870	3-4	HISTORY 201	The Historian's Craft (topic must be approved)	3-4
GEN&WS/ HISTORY 354	Women and Gender in the U.S. Since 1870	3-4	HISTORY/ RELIG ST 208	Western Intellectual and Religious History to 1500	3-4
GEN&WS/ HISTORY 392	Women and Gender in Modern Europe	3-4	HISTORY/ RELIG ST 209	Western Intellectual and Religious History since 1500	3-4
GEN&WS/ HIST SCI 537	Childbirth in the United States	3	HISTORY/ RELIG ST 212	The History of Western Christianity to 1750	4
GEOG/HISTORY/ POLI SCI/ SLAVIC 253	Russia: An Interdisciplinary Survey	4	HISTORY/ JEWISH 213	Jews and American Pop. Culture	3-4
GEOG/HISTORY/ POLI SCI/ SLAVIC 254	Eastern Europe: An Interdisciplinary Survey	4	HISTORY/ JEWISH 220	Introduction to Modern Jewish History	4
HIST SCI/HISTORY/ MED HIST 132	Bees, Trees, Germs, and Genes: A History of Biology	3	HISTORY 221	Explorations in American History (H)	3-4
HIST SCI 150	The Digital Age	3	HISTORY 223	Explorations in European History (H)	3-4
HIST SCI 201	The Origins of Scientific Thought	3	HISTORY 227	Explorations in the History of Race and Ethnicity	3
HIST SCI 218	History of Twentieth Century American Medicine	3	HISTORY/ART HIST/ ENVIR ST/GEOG/ LAND ARC 239	Making the American Landscape	3-4
HIST SCI/ AFROAMER 275	Science, Medicine, and Race: A History	3-4	HISTORY/LACIS 243	Colonial Latin America: Invasion to Independence	3-4
HIST SCI/ HISTORY 323	The Scientific Revolution: From Copernicus to Newton	3	HISTORY/ LEGAL ST 261	American Legal History to 1860	3-4
HIST SCI 404	A History of Disease	3-4	HISTORY/ LEGAL ST 262	American Legal History, 1860 to the Present	3-4
HIST SCI/HISTORY/ MED HIST 508	Health, Disease and Healing II	3-4	HISTORY 269	War, Race, and Religion in Europe and the United States, from the Scramble for Africa to Today	3-4
HIST SCI/ MED HIST 509	The Development of Public Health in America	3	HISTORY 270	Eastern Europe since 1900	3-4
HIST SCI/GEN&WS/ MED HIST 531	Women and Health in American History	3	HISTORY 271	Study Abroad in History: European History	1-4
HIST SCI/GEN&WS/ MED HIST 532	The History of the (American) Body	3	HISTORY 272	Study Abroad in History: United States History	1-4
HISTORY 101	Amer Hist to the Civil War Era, the Origin & Growth of the U S	4	HISTORY 302	History of American Thought, 1859 to the Present	3-4
HISTORY 102	American History, Civil War Era to the Present	4	HISTORY 303	A History of Greek Civilization	3-4
HISTORY 109	Introduction to U.S. History	3-4	HISTORY 306	The United States Since 1945	3-4
HISTORY 115	Medieval Europe 410-1500	4	HISTORY 307	A History of Rome	3-4
HISTORY 119	Europe and the World, 1400-1815	4	HISTORY/ MEDIEVAL/ RELIG ST 309	The Crusades: Christianity and Islam	3-4
HISTORY 120	Europe and the Modern World 1815 to the Present	4	HISTORY/ JEWISH 310	The Holocaust	3-4
HISTORY 124	Britain since 1688	3-4	HISTORY 329	History of American Capitalism	4
			HISTORY/ INTL ST 332	East Asia & The U.S. Since 1899	3-4

HISTORY 344	The Age of the American Revolution, 1763-1789	3-4	HISTORY/JEWISH/SOC 518	Antisemitism in European Culture	3
HISTORY 345	Military History of the United States	3-4	HISTORY/JOURN 560	History of U.S. Media	4
HISTORY 348	France from Napoleon to the Great War, 1799-1914	3-4	HISTORY 607	The American Impact Abroad: The Historical Dimension	3
HISTORY 349	Contemporary France, 1914 to the Present	3-4	ILS 201	Western Culture: Science, Technology, Philosophy I	3
HISTORY 350	The First World War and the Shaping of Twentieth-Century Europe	3-4	ILS 202	Western Culture: Science, Technology, Philosophy II	3
HISTORY/CHICLA/LACIS/POLI SCI 355	Labor in the Americas: US & Mexico in Comparative & Historical Perspective	3	MUSIC 202	Delta Blues	3
HISTORY 357	The Second World War	3-4	MUSIC 203	American Ethnicities and Popular Song	3
HISTORY 358	French Revolution and Napoleon	3-4	MUSIC 317	Musical Women in Europe and America: Creativity, Performance, and Identity	3
HISTORY 359	History of Europe Since 1945	3-4	SCAND ST 348	The Second World War in Nordic Culture	3
HISTORY/INTL ST 366	From Fascism to Today: Social Movements and Politics in Europe	3-4			
HISTORY 401	Public History Workshop	3			
HISTORY 403	Immigration and Assimilation in American History	3-4			
HISTORY/RELIG ST 409	Christianity in the Atlantic World, 1500-1800	3			
HISTORY 410	History of Germany, 1871 to the Present	3-4			
HISTORY/RELIG ST 411	The Enlightenment and Its Critics	3			
HISTORY 417	History of Russia	3-4			
HISTORY 418	History of Russia	3-4			
HISTORY 419	History of Soviet Russia	3-4			
HISTORY 420	Russian Social and Intellectual History	3-4			
HISTORY 424	The Soviet Union and the World, 1917-1991	3-4			
HISTORY/CHICLA/POLI SCI 422	Latino History and Politics	3			
HISTORY/LEGAL ST 426	The History of Punishment	3-4			
HISTORY 427	The American Military Experience to 1902	3-4			
HISTORY 428	The American Military Experience Since 1899	3-4			
HISTORY/SCAND ST 431	History of Scandinavia to 1815	3			
HISTORY/SCAND ST 432	History of Scandinavia Since 1815	3			
HISTORY 434	American Foreign Relations, 1901 to the Present	3-4			
HISTORY/SCAND ST 577	Contemporary Scandinavia: Politics and History	3-4			
HISTORY/LEGAL ST 459	Rule of Law: Philosophical and Historical Models	3-4			
HISTORY/LEGAL ST 476	Medieval Law and Society	3			
HISTORY/LEGAL ST 510	Legal Pluralism	3			
HISTORY 500	Reading Seminar in History	3			

Global Perspectives Courses		
Code	Title	Credits
A A E/ENVR ST 244	The Environment and the Global Economy	4
A A E 319	The International Agricultural Economy	3
A A E/NUTR SCI 350	World Hunger and Malnutrition	3
A A E/INTL ST 373	Globalization, Poverty and Development	3
A A E/INTL ST 374	The Growth and Development of Nations in the Global Economy	3
A A E/ECON 473	Economic Growth and Development in Southeast Asia	3
AFRICAN/HISTORY 106	Introduction to African History	3-4
AFRICAN/HISTORY 129	Africa on the Global Stage	3-4
AFRICAN 201	Introduction to African Literature	3
AFRICAN 202	Introductory Topics in African Cultural Studies	3
AFRICAN 203	Introductory Topics in African Literature	3
AFRICAN 204	Introductory Topics in African Languages	3
AFRICAN/FOLKLORE 210	The African Storyteller	3
AFRICAN 212	Introduction to African Popular Culture	3
AFRICAN/FRENCH 216	Modern and Contemporary Francophone Topics	3
AFRICAN/AFROAMER 220	HipHop, Youth Culture, and Politics in Senegal	3
AFRICAN 230	Introduction to Yoruba Life and Culture	3
AFRICAN/AFROAMER 233	Global HipHop and Social Justice	3

AFRICAN 231	Introduction to Arabic Literary Culture	3	ANTHRO 322	The Origins of Civilization	3
AFRICAN/ AFROAMER/ ANTHRO/GEOG/ HISTORY/POLI SCI/ SOC 277	Africa: An Introductory Survey	4	ANTHRO 330	Topics in Ethnology (topic must be approved)	3-4
AFRICAN/ AFROAMER/ HISTORY/ POLI SCI 297	African and African-American Linkages: An Introduction	4	ANTHRO 333	Prehistory of Africa	3
AFRICAN 300	African Literature in Translation	3	ANTHRO 339	Archaeology of Warfare and Human Nature	3
AFRICAN/ INTL ST 302	Arabic Literature and Cinema	3	ANTHRO 350	Political Anthropology	3-4
AFRICAN/ASIAN/ RELIG ST 370	Islam: Religion and Culture	3-4	ANTHRO 357	Introduction to the Anthropology of Japan	3-4
AFRICAN 403	Theories of African Cultural Studies	3	ANTHRO 365	Medical Anthropology	3
AFRICAN/ RELIG ST 408	Everyday Religion in Africa	3	ART HIST/ASIAN 179	Passage Through India: South Asia's Global Architectural Histories	3
AFRICAN/ RELIG ST 414	Islam in Africa and the Diaspora	3	ART HIST 205	Global Arts	3-4
AFRICAN/ COM ARTS/ L I S 444	Technology and Development in Africa and Beyond	3	ART HIST 305	History of Islamic Art and Architecture	3
AFROAMER/ ART HIST 241	Introduction to African Art and Architecture	3	ART HIST 307	From Tomb to Temple: Ancient Chinese Art and Religion in Transition	3
AFROAMER/ ANTHRO/C&E SOC/ GEOG/HISTORY/ LACIS/POLI SCI/ SOC/SPANISH 260	Latin America: An Introduction	3-4	ART HIST 308	The Tastes of Scholars and Emperors: Chinese Art in the Later Periods	3
AFROAMER/ DANCE/MUSIC 318	Cultural Cross Currents: West African Dance/Music in the Americas	3	ART HIST 354	Cross-Cultural Arts Around the Atlantic Rim: 1800 to the Present	3-4
AFROAMER/ GEN&WS 367	Art and Visual Culture: Women of the African Diaspora and Africa	3	ART HIST/ ASIAN 379	Cities of Asia	3
AGROECOL 377	Global Food Production and Health	3	ART HIST 411	Topics in Asian Art	3-4
ANTHRO 100	General Anthropology	3	ART HIST 412	Topics in African and African Diaspora Art History	3-4
ANTHRO 102	Archaeology and the Prehistoric World	3	ART HIST 413	Art and Architecture in the Age of the Caliphs	3
ANTHRO 104	Cultural Anthropology and Human Diversity	3	ART HIST/ ASIAN 428	Visual Cultures of India	3
ANTHRO 105	Principles of Biological Anthropology	3	ART HIST 440	Art and Power in the Arab World	3
ANTHRO/ FOLKLORE/ INTL ST/LINGUIS 211	Global Language Issues	3	ART HIST 510	Proseminar in Islamic Art and Architecture	3
ANTHRO 237	Cut 'n' Mix: Music, Race, and Culture in the Caribbean	3	ASIAN 100	Gateway to Asia: Special Topics	3-4
ANTHRO 265	Introduction to Culture and Health	3	ASIAN 205	Animal Ethics in Asia	3
ANTHRO 300	Cultural Anthropology: Theory and Ethnography	3	ASIAN/ LITTRANS 212	Classical South Asian Literatures	3
ANTHRO/ ASIAN 305	Anthropology of South Asia	3	ASIAN 252	Contemporary Indian Society	3
ANTHRO/ AMER IND 314	Indians of North America	3	ASIAN 253	Japanese Popular Culture	3
ANTHRO 321	The Emergence of Human Culture	3	ASIAN 254	Korean Popular Culture	3
			ASIAN/ RELIG ST 274	Religion in South Asia	3
			ASIAN 277	Kendo: Integration of Martial Arts and Liberal Arts	2
			ASIAN 300	Topics in Asian Studies	3
			ASIAN 301	Social Science Topics in Asian Studies	3
			ASIAN/ RELIG ST 303	Jainism: Religion and Culture of Nonviolence	3
			ASIAN/ RELIG ST 306	Hinduism	3
			ASIAN/ RELIG ST 307	A Survey of Tibetan Buddhism	3

ASIAN/HISTORY/ RELIG ST 308	Introduction to Buddhism	3-4	DANCE 165	Introduction to the Histories of Dance	3
ASIAN 310	Introduction to Comics and Graphic Novels: Theory, History, Method	3	ENTOM/ NUTR SCI 203	Introduction to Global Health	3
ASIAN/SOC 334	Gender, Work, and Family in East Asia	3	ENTOM/ ENVIR ST 205	Our Planet, Our Health	3
ASIAN/SOC 336	Social Change in Contemporary South Korea	3	ENVIR ST/ GEOG 139	Global Environmental Issues	3
ASIAN 351	Survey of Classical Chinese Literature	3	ENVIR ST/ HIST SCI 213	Global Environmental Health: An Interdisciplinary Introduction	3
ASIAN 352	Survey of Modern Chinese Literature	3	ENVIR ST/ GEOG 309	People, Land and Food: Comparative Study of Agriculture Systems	3
ASIAN 353	Lovers, Warriors and Monks: Survey of Japanese Literature	3	ENVIR ST/ GEOG 339	Conservation and Climate Change - Local to International Strategies	4
ASIAN 355	Modern Japanese Literature	3	ENVIR ST/ HISTORY 465	Global Environmental History	3-4
ASIAN 361	Love and Politics: The Tale of Genji	3	FOLKLORE 100	Introduction to Folklore	3
ASIAN 371	Topics in Chinese Literature	2-3	FOLKLORE/ MUSIC 103	Introduction to Music Cultures of the World	3
ASIAN 374	Korean Cinema	3	FOLKLORE/ RELIG ST 352	Shamanism	3
ASIAN 378	Anime	3	GEN&WS 102	Gender, Women, and Society in Global Perspective	3
ASIAN 403	Southeast Asian Literature	3	GEN&WS 104	Gender, Sexuality, and Global Health	3
ASIAN/ RELIG ST 405	Gods and Goddesses of South Asia	3	GEN&WS/ HISTORY 134	Women and Gender in World History	3-4
ASIAN/ RELIG ST 444	Introduction to Sufism (Islamic Mysticism)	3	GEN&WS 423	The Female Body in the World: Gender and Contemporary Body Politics in Cross Cultural Perspective	3
ASIAN/ RELIG ST 466	Buddhist Thought	3	GEN&WS/ POLI SCI 435	Politics of Gender and Women's Rights in the Middle East	3
ASIAN/ RELIG ST 505	The Perfectible Body in Religions, Medicines, and Politics	3	GEN&WS 444	From Past Feminisms to Postfeminism: Feminisms for the 21st Century	3
ASIAN 533	Readings in Early Modern Japanese Literature	3	GEN&WS/ PORTUG 450	Brazilian Women Writers	3
ASIAN 642	History of Chinese Literature II	3	GEOG 101	Human Geography: Space, Place, Society, and Politics	4
ATM OCN/ ENVIR ST/ GEOG 322	Polar Regions and Their Importance in the Global Environment	3	GEOG/ASIAN/ HISTORY/POLI SCI/ SOC 244	Introduction to Southeast Asia: Vietnam to the Philippines	4
C&E SOC/SOC 140	Introduction to Community and Environmental Sociology	4	GEOG/INTL ST 311	The Global Game: Soccer, Politics, and Identity	3-4
C&E SOC/SOC 222	Food, Culture, and Society	3	GEOG 307	International Migration, Health, and Human Rights	3
C&E SOC/ F&W ECOL/ SOC 248	Environment, Natural Resources, and Society	3	GEOG/INTL ST 315	Universal Basic Income: The Politics Behind a Global Movement	3
C&E SOC/ POP HLTH 370	Introduction to Public Health	3	GEOG 340	World Regions in Global Context	3
CHICLA/ SPANISH 215	Border and Migration Studies of Latinx America	3	GEOG 355	Africa, South of the Sahara	3
CHICLA/ POLI SCI 231	Politics in Multi-Cultural Societies	3-4	GEOG 358	Human Geography of Southeast Asia (German, Nordic, and Slavic)	3
CHICLA/ HISTORY/LACIS/ POLI SCI 268	The U.S. & Latin America from the Colonial Era to the Present: A Critical Survey	3	GEOG/ GEN&WS 504	Feminist Geography: Theoretical Approaches	3
CHICLA/ GEN&WS 334	Feminist Social Movements Across the Americas	3	GEOG 507	Waste Geographies: Politics, People, and Infrastructures	3
CHICLA/ED POL/ LACIS 342	Education across the Americas: Empire, Capitalism, and Resistance	3			
CLASSICS 321	The Egyptians: History, Society, and Literature	3			
DANCE 118	African Dance	1			

GNS 460	Readings in Turkish: Contemporary Turkey through Literature and Media	4	HISTORY 336	Chinese Economic and Business History: From Silk to iPhones	3-4
GNS/HISTORY 265	An Introduction to Central Asia: From the Silk Route to Afghanistan	3	HISTORY/ASIAN 337	Social and Intellectual History of China, 589 AD-1919	3-4
HISTORY/ASIAN 103	Introduction to East Asian History: China	3-4	HISTORY 340	Cultural History of Korea	3-4
HISTORY/ASIAN 104	Introduction to East Asian History: Japan	3-4	HISTORY/ASIAN 341	History of Modern China, 1800-1949	3-4
HISTORY/ASIAN 108	Introduction to East Asian History - Korea	3-4	HISTORY/ASIAN 342	History of the Peoples Republic of China, 1949 to the Present	3-4
HISTORY/CLASSICS 110	The Ancient Mediterranean	4	HISTORY/AFROAMER 347	The Caribbean and its Diasporas	3-4
HISTORY 130	An Introduction to World History	3-4	HISTORY/ASIAN 363	China and World War II in Asia	3-4
HISTORY 133	Global Military History (5000 BCE - Present)	3-4	HISTORY/INTL ST 375	The Cold War - From World War II to End of Soviet Empire	3-4
HISTORY 137	The History of War in Film	3	HISTORY/RELIG ST 409	Christianity in the Atlantic World, 1500-1800	3
HISTORY 139	Introduction to the Modern Middle East	3-4	HISTORY/CHICLA/POLI SCI 422	Latino History and Politics	3
HISTORY 142	History of South Asia to the Present	3-4	HISTORY/CHICLA 435	Colony, Nation, and Minority: The Puerto Ricans' World	3
HISTORY 145	America and China, 1776-Today	3-4	HISTORY 450	Making of Modern South Asia	3-4
HISTORY/INTL ST 146	A Global History of Now	3-4	HISTORY/ASIAN 454	Samurai: History and Image	3-4
HISTORY 170	East Meets West: Myth, Meaning, and Modernity	3-4	HISTORY/ASIAN 456	Pearl Harbor & Hiroshima: Japan, the US & The Crisis in Asia	3-4
HISTORY 179	Afro-Atlantic Histories and Peoples, 1791-Present	3-4	HISTORY/ASIAN 458	History of Southeast Asia Since 1800	3-4
HISTORY 201	The Historian's Craft (Latin American Topics)	3-4	HISTORY/HIST SCI/MED HIST 564	Disease, Medicine and Public Health in the History of Latin America and the Caribbean	3
HISTORY/RELIG ST 205	The Making of the Islamic World: The Middle East, 500-1500	3-4	INTL BUS 200	International Business	3
HISTORY 225	Explorations in Third World History (H)	3-4	INTL ST 101	Introduction to International Studies	3-4
HISTORY 229	Explorations in Transnational/Comparative History (Humanities) (topic must be approved)	3	INTL ST 266	Introduction to the Middle East	3
HISTORY/INTL ST/LACIS 242	Modern Latin America	3-4	INTL ST 310	International Learning Community Seminar (topic must be approved)	1-3
HISTORY/LACIS 243	Colonial Latin America: Invasion to Independence	3-4	INTL ST/ED POL 335	Globalization and Education	3
HISTORY/CHICLA/GEN&WS 245	Chicana and Latina History	3	JOURN 567	Mass Media and Global Communication	4
HISTORY/ASIAN/ASIAN AM 246	Southeast Asian Refugees of the "Cold" War	4	LITTRANS 226	Introduction to Luso-Afro-Brazilian Literature	3
HISTORY/ASIAN/POLI SCI 255	Introduction to East Asian Civilizations	3-4	LITTRANS 231	Manga	3
HISTORY 273	Study Abroad in History: Non-Western History	1-4	LITTRANS 261	Survey of Chinese Literature in Translation	3
HISTORY 278	Africans in the Americas, 1492-1808	3-4	LITTRANS 263	Survey of Japanese Literature in Translation	3
HISTORY/MEDIEVAL/RELIG ST 309	The Crusades: Christianity and Islam	3-4	LITTRANS 264	Survey of Japanese Literature in Translation	3
HISTORY/ASIAN 319	The Vietnam Wars	3-4	LITTRANS 373	Topics in Japanese Literature	3
HISTORY/INTL ST 332	East Asia & The U.S. Since 1899	3-4	MUSIC 260	Global Hand Drumming Ensemble: Survey of Selected Global Hand Drumming Traditions	1
HISTORY/ASIAN 335	The Koreas: Korean War to the 21st Century	3-4	POLI SCI 120	Introduction to Comparative Politics	4
			POLI SCI 182	Introduction to Comparative Politics (Honors)	3

POLI SCI 320	Governments and Politics of the Middle East and North Africa	3-4
POLI SCI 324	Chinese Politics	3-4
POLI SCI/ INTL ST 325	Social Movements and Revolutions in Latin America	3-4
POLI SCI 328	Politics of East and Southeast Asia	3-4
POLI SCI 329	African Politics	3-4
POLI SCI 336	Democracy (and Its Uncertain Future)	4
POLI SCI 349	Global Access to Justice	3
POLI SCI/CHICLA/ HISTORY/LACIS 355	Labor in the Americas: US & Mexico in Comparative & Historical Perspective	3
POLI SCI 370	Islam and Politics	3-4
RELIG ST/ ASIAN 206	The Qur'an: Religious Scripture & Literature	3
RELIG ST 400	Topics in Religious Studies - Humanities (topic must be approved)	3-4
RELIG ST 401	Topics in Religious Studies - Social Studies (topic must be approved)	3-4
RELIG ST 407	Buddhism and Anti-Racism	3
SOC 170	Population Problems	3-4
SPANISH 223	Introduction to Hispanic Cultures	3
THEATRE 526	The Theatres of China and Japan	3

Liberal Studies Electives

Liberal Studies Electives Complete additional liberal studies coursework as needed to reach the required 40 Liberal Studies credits.

PROGRAM STRUCTURE

The Bachelor of Science (BS) degree program in Health Promotion and Health Equity has three primary components:

- *Liberal studies* courses expose students to a broad range of academic disciplines. The university-wide *General Education* requirements also encourage this breadth of study.
- *Major requirements* provide an opportunity to study the interrelated areas of physical health, mental health, and disability.
- *Additional electives* to reach the minimum of 120 degree credits. These credits allow students to pursue additional health-related courses, enroll in course work required for admission to graduate-level programs or develop other areas of interest. Health Promotion and Health Equity majors may also use these elective credits to complete an additional major to augment their interest in health or to explore a completely different subject.

MAJOR REQUIREMENTS

Complete a minimum of 40 credits with a 2.5 gpa across all major course work. At least 15 credits of upper-level major course work (courses numbered 300 and above) must be taken in residence with a minimum 2.5 grade point average.

REQUIRED HEALTH PROMOTION CORE, 31 CREDITS

Code	Title	Credits
ANAT&PHY 235	Human Physiology and Health	4
KINES 150	Foundations of Health Behavior and Health Equity	3
KINES 370	Planning, Facilitating & Assessment in Movement and Health Professionals	3
KINES 566	Promoting Health in the Community	3
RP & SE 316	Health Promotion for Individuals with Disability and Chronic Illness	3
RP & SE 325	Self Management of Chronic Illness and Disability	3
RP & SE 505	Biological, Psychosocial, and Vocational Aspects of Disabilities	3
COUN PSY 237	Mental Health, Self-Awareness, and Social Justice: Working in Diverse Communities	3
COUN PSY 531	Prevention and Intervention in Mental Health Across the Lifespan	3
COUN PSY 655	Clinical Communication Skills	3

MAJOR ELECTIVES, 9 CREDITS

Select courses from one of the following areas of emphasis, or select courses across these areas.

Code	Title	Credits
Physical Activity and Public Health		
KINES 100	Exercise, Nutrition, and Health	2
KINES 123	Living well: Lifestyle Redesign and Health Promotion for College Students	2
KINES 214	Culture and Environment in Exercise Physiology Abroad	3
KINES 250	Sedentary Behavior in the U.S. and Abroad	3
KINES 260	Inclusive Physical Activity, Sport & Rehabilitation in Ireland	3
KINES 280	Health Coaching Principles and Methods	3
KINES 501	Theory-Based Health Education and Health Promotion Programs	3
KINES 540	Diversity in Health and Physical Activity Settings	3
KINES 547	Skills for Health: Methods and Practicum of Teaching Health	3
Chronic Illness, Disability, and Health		
RP & SE 100	Disability and Society	3
RP & SE 121	Disability and Substance Abuse	3
RP & SE 125	Health and Rehabilitation Professions	3
RP & SE 310	Positive Psychology and Well Being	3
Health Equity, Mental Health, and Well-Being		

COUN PSY 225	Intersectionalities, Self Awareness, and Social Actions for Social Change	3
COUN PSY 230	Race and the Developing Child	3
COUN PSY/ CHICLA 331	Immigrant Health and Wellbeing	3
COUN PSY 332	Gender and Queer Issues in Psychology	3
KINES 426	Addictions	3
COUN PSY/ CHICLA 525	Dimensions of Latin@ Mental Health Services	3
Social Determinants of Health		
KINES 513	Climate Change and Health Disparities	3
MED HIST/HIST SCI/ POP HLTH 553	International Health and Global Society	3
NUTR SCI/ A A E 350	World Hunger and Malnutrition	3
SOC/C&E SOC 140	Introduction to Community and Environmental Sociology	4
SOC/C&E SOC 533	Public Health in Rural & Urban Communities	3
INTL ST/A A E 373	Globalization, Poverty and Development	3
CSCS 125	Community and Social Change	3
CSCS 460	Civil Society and Community Leadership	3
HDFS 469	Family and Community Influences on the Young Child	3
HDFS 474	Racial Ethnic Families in the U.S.	3
Health Sciences		
ANAT&PHY 337	Human Anatomy	3
GEN&WS 103	Gender, Women, Bodies, and Health	3
NUTR SCI 132	Nutrition Today	3
NUTR SCI 332	Human Nutritional Needs	3
POP HLTH/ C&E SOC 370	Introduction to Public Health	3
PSYCH 202	Introduction to Psychology	3-4

GPA AND OTHER GRADUATION REQUIREMENTS

GRADUATION REQUIREMENTS

These requirements are based on UW–Madison coursework.

- 2.5 minimum cumulative grade point average. This may be modified by the Last 60 Credits Rule.
- Cumulative major grade point average: 2.5 cumulative grade point average in all major course work.
- Upper-level major course work: 2.5 cumulative grade point average in all upper-level (courses numbered 300 and above) major course work.
- Major Residency: Students must complete at least 15 upper level major credits while enrolled in residence on the UW–Madison campus.
- Senior Residency. Degree candidates must complete their last 30 credits in residence on the UW–Madison campus, excluding retroactive credits and credits granted by examination.

- Total Credits: A minimum of 120 credits are required for graduation in the Health Promotion and Health Equity degree program.

DEGREE AUDIT (DARS)

UW–Madison uses “DARS” to document a student’s progress toward the completion of their degree, including any additional majors and certificates. A DARS (Degree Audit Reporting System) report shows all the requirements for completing a degree and, against courses that are planned or completed, shows the requirements that have been met, and those that are unmet. A report can offer suggestions about courses that may be taken to meet specific requirements and can assist in the academic planning and enrollment process. Students can access a DARS report in the Course Search & Enroll app or Student Center via My UW.

DARS also has a “what-if” function. This feature makes it possible to request a DARS report as if pursuing another program, major, or certificate. It is an excellent tool if considering a new or additional area of study. School of Education students in a pre-professional classification such as Pre-Elementary (PRE) or Pre-Kinesiology should request a “what if” DARS report of their professional program of interest. For example, Pre-Elementary Education (PRE) students will request Elementary Education K-9; Pre-Kinesiology (PKN) students will request the Kinesiology report. Minors have their own DARS programs and are run separately from the main degree audit.

More information (including tutorials) on how to request and read regular and what-if DARS reports is available under the Resources tab on the Office of the Registrar’s website. (<https://registrar.wisc.edu/dars/>)

DARS is not intended to replace student contact with academic advisors. It creates more time in an advising appointment to discuss course options, research opportunities, graduate school, or issues of personal interest or concern to students.

DARS is used as the document of record for degree program, major, and certificate completion in the School of Education.

LEARNING OUTCOMES

LEARNING OUTCOMES

1. Recognize concepts and theories related to health promotion and health equity.
2. Relate the role of social factors in facilitating or hindering health.
3. Evaluate the strengths and weaknesses of health behavior and health equity interventions.
4. Identify links between physiological and psychological health.
5. Interpret and communicate the interaction between personal and environmental determinants of health and well-being.
6. Draw from personal and professional identities to develop socially just practices and to lead effectively within their communities of practice.

FOUR-YEAR PLAN

FOUR-YEAR PLAN

Health Promotion and Health Equity: Sample Four-Year Plan

This sample four-year sample graduation plan is designed to guide your course selection throughout your academic career; it does not establish a contractual agreement. Use it along with your DARS report, the Guide,

and the Course Search and Enroll app to create a four-year plan reflecting your placement scores, incoming credits, and individual interests. Consult with an academic advisor to develop a personalized plan of study and refer to the Guide for a complete list of requirements. You will likely revise your plan several times during your academic career here, based on your activities and changing academic interests.

Freshman

Fall	Credits Spring	Credits
Communication A, (take fall or spring semester), 3	3 Communication A, (take fall or spring semester), 3	3
HPHE Major Elective, 3	3 Quantitative Reasoning A	3
Liberal Studies course work	9-12 COUN PSY 237 (also meets ethnic studies)	3
	Liberal Studies course work	6-9
	15	15

Sophomore

Fall	Credits Spring	Credits
KINES 150	3 RP & SE 316	3
RP & SE 325	3 Quantitative Reasoning B	3
Liberal Studies course work	9 Liberal Studies or General Elective course work	9
	15	15

Junior

Fall	Credits Spring	Credits
KINES 370	3 ANAT&PHY 235	4
RP & SE 505	3 HPHE Major Elective	3
Communication B	3 Liberal Studies or General Elective course work	8
Liberal Studies or General Elective course work	6	
	15	15

Senior

Fall	Credits Spring	Credits
COUN PSY 531	3 KINES 566	3
COUN PSY 655	3 HPHE Major Elective	3
Liberal Studies or General Elective course work	9 Liberal Studies or General Elective course work	9
	15	15

Total Credits 120

Note: The HP & HE major requires 9 credits of elective course work. A number of the course options, e.g., RP & SE 100, RP & SE 121 RP & SE 125; COUN PSY 225, COUN PSY 230; KINES 100, KINES 123; PSYCH 202; NUTR SCI 132, can be taken during the freshmen and sophomore years.

ADVISING AND CAREERS

ADVISING AND CAREERS HEALTH PROMOTION AND HEALTH EQUITY ADVISING

Students are collaboratively advised by advising staff in the School of Education Student Services office and the department. Students not yet declared in Health Promotion and Health Equity meet with advising staff in the Student Services office, see below, or the departmental advisor. Current students can schedule an appointment online through the Starfish app (<https://advising.wisc.edu/facstaff/starfish/starfish-student-resources/>) in MyUW.

SCHOOL OF EDUCATION ADVISING

Academic Advising in the School of Education

Dedicated to supporting and promoting student success, academic advisors (<https://advising.education.wisc.edu/>) are here to assist students with the adjustment to college, understanding their degree and career goals, and connecting them to resources. Advisors support prospective and current School of Education students in all programs through:

- Course selection
- Mentoring and advocacy for underrepresented and international students
- Understanding degree requirements and progression
- Interpreting academic policies
- Helping students recognize their strengths and suggesting ways to expand their skills
- Expanding learning through activities such as study abroad, volunteering/work/internship, and by assuming leadership roles

Advising appointments are available in person, virtually, or over the phone. Current students schedule appointments through the Starfish app (<https://advising.wisc.edu/facstaff/starfish/starfish-student-resources/>) in MyUW. Appointments can also be made by calling 608-262-1651, or in person in Room 139 Education Building.

Academic Dean Support (<https://advising.education.wisc.edu/academic-dean-support/>) staff are also here for you when facing academic or personal challenges. We provide undergraduate School of Education students support, problem-solving, advocacy, resources, and approve exceptions to policies.

Career Advising in the School of Education

Through individual appointments, events, courses, and online resources, the Career Center provides students and alumni with the tools needed to be successful in their career development.

Career and Internship Advisors are prepared to help students with:

- Exploration of career and academic pathways (<https://careercenter.education.wisc.edu/explore-career/>)
- Resumes
- Cover letters
- Job/Internship search
- Interview preparation
- Mock interviews
- Graduate school search, applications and decisions

- Negotiating job or internship offers
- Professional networking
- Connecting with employers

Students are encouraged to meet with their Career and Internship Advisor early in their college experience to take full advantage of the resources and support available.

To make an appointment: log into Starfish (<https://wisc.starfishsolutions.com/starfish-ops/>) from the MyUW dashboard.

For more information, visit the School of Education Career Center website (<https://careercenter.education.wisc.edu/>) or reach out at career-center@education.wisc.edu.

Information about common career pathways, ways to get involved and gain experience, and transferrable skills developed through this major can be found on the School of Education Career Center's Health Promotion and Health Equity Pathways (<https://careercenter.education.wisc.edu/explore-career/hphe-career-pathways/>) webpage.

WISCONSIN EXPERIENCE

WISCONSIN EXPERIENCE

UW–Madison's vision for the total student experience, the Wisconsin Experience (<https://wisconsinexperience.wisc.edu/about/>), combines learning in and out of the classroom. Tied to the Wisconsin Idea (<https://www.wisc.edu/wisconsin-idea/>) and steeped in long-standing institutional values – the commitment to the truth, shared participation in decision-making, and service to local and global communities – the Wisconsin Experience describes how students develop and integrate these core values across their educational experience.

UW–Madison encourages students to mindfully engage in four core concepts throughout their time on campus: Empathy & Humility, Relentless Curiosity, Intellectual Confidence, and Purposeful Action (<https://wisconsinexperience.wisc.edu/intellectual-confidence/>).

Since its inception, the School of Education has embraced the concepts of the Wisconsin Experience, providing opportunities for students to learn in venues beyond the traditional classroom. Our students also independently seek out related activities and experiences, thus creating their own unique Wisconsin Experience.

HEALTH PROMOTION AND HEALTH EQUITY (HPHE) AND THE WISCONSIN EXPERIENCE

Community Engagement and Research Opportunities

Health Promotion and Health Equity majors are encouraged to get involved in research. Students have participated in labs such as the Promotion of Health Equity & Adapted Physical Activity (PHEAPA) (<https://kinesiology.education.wisc.edu/research/pheapa-lab/>) lab or the Pain, Context, and Innovation (<https://www.shinyekim.com/>) lab.

Students also participate in programs run through the Wisconsin Area Health Education Centers (AHEC), such as the Community Health Internship Program (<https://ahec.wisc.edu/chip/>).

Student Organizations

There are numerous campus student organizations (<https://win.wisc.edu/>) that Health Promotion and Health Equity majors can join to connect with students with similar interests. The Health Promotion and Health Equity Learning Community is an organization led by students in the major; they

organize different alumni panels, events, career treks, and study groups for students to connect.

Study Abroad

Health Promotion and Health Equity students can participate in School of Education led study abroad opportunities. These 2-3 week summer courses make it possible for students to have a study abroad experience and still have time to work or pursue other activities during the summer.

Courses currently available to HPHE students include Movement as Medicine in Portugal (<https://studyabroad.wisc.edu/program/?programId=330296>), Culture and Environment in Exercise Physiology Abroad in New Zealand (<https://studyabroad.wisc.edu/program/?programId=330394>), and Inclusive Activity and Sports in Ireland (<https://studyabroad.wisc.edu/program/?programId=330346>). These courses offer unique learning opportunities for students interested in pursuing careers in allied health, fitness and well-being, health education, and public health.

Career Advising and Internships

The School of Education Career Center (<https://careercenter.education.wisc.edu/>) has a designated advisor for students interested in health careers who can provide connections with hourly campus employment, internships, and career options after graduation. Courses offered in Kinesiology (KINES 110 Exploring Careers in Health and Wellness) and in Rehabilitation Psychology (RP & SE 125 Health and Rehabilitation Professions) provide opportunities for students to discover and learn about career pathways they can pursue with their degree with weekly guest speakers from a variety of fields.

RESOURCES AND SCHOLARSHIPS

RESOURCES AND SCHOLARSHIPS

Information about scholarships, academic and career advising, study abroad opportunities, student well-being, and other resources for students in the School of Education can be found on the school's Resources (<https://guide.wisc.edu/undergraduate/education/#resourcestext>) page.