HEALTH PROMOTION AND HEALTH EQUITY, BS

FOUR-YEAR PLAN

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Health Promotion and Health Equity: Sample Four-Year Plan

This sample four-year sample graduation plan is designed to guide your course selection throughout your academic career; it does not establish a contractual agreement. Use it along with your DARS report, the Guide, and the Course Search and Enroll app to create a four-year plan reflecting your placement scores, incoming credits, and individual interests. Consult with an academic advisor to develop a personalized plan of study and refer to the Guide for a complete list of requirements. You will likely revise your plan several times during your academic career here, based on your activities and changing academic interests.

Freshman

Fall	Credits	Spring	Credits
Communication A, (take fall or spring semester), 3	3	Communication A, (take fall or spring semester), 3	3
HPHE Major Elective, 3	3	Quantitative Reasoning A	3
Liberal Studies course work	9-12	COUN PSY 237 (also meets ethnic studies)	3
		Liberal Studies course work	6-9
	15		**15**

Sophomore

Fall	Credits	Spring	Credits
KINES 150	3	RP & SE 316	3
RP & SE 325	3	Quantitative Reasoning B	3
Liberal Studies course work	9	Liberal Studies or General Elective course work	9
	15		**15**

Junior

Fall	Credits	Spring	Credits
KINES 370	3	ANAT&PHY 235	4
RP & SE 505	3	HPHE Major Elective	3
Communication B	3	Liberal Studies or General Elective course work	8
Liberal Studies or General Elective course work	6		
	15		**15**

Senior

Fall	Credits	Spring	Credits
COUN PSY 531	3	KINES 566	3
COUN PSY 655	3	HPHE Major Elective	3
Liberal Studies or General Elective course work	9	Liberal Studies or General Elective course work	9
	15		**15**

Total Credits 120

Note: The HP & HE major requires 9 credits of elective course work. A number of the course options, e.g., RP & SE 100, RP & SE 121 RP & SE 125; COUN PSY 225, COUN PSY 230; KINES 100, KINES 123; PSYCH 202; NUTR SCI 132, can be taken during the freshmen and sophomore years.