

HEALTH PROMOTION AND HEALTH EQUITY, BS

WISCONSIN EXPERIENCE

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UW–Madison’s vision for the total student experience, the Wisconsin Experience (<https://wisconsinexperience.wisc.edu/about/>), combines learning in and out of the classroom. Tied to the Wisconsin Idea (<https://www.wisc.edu/wisconsin-idea/>) and steeped in long-standing institutional values – the commitment to the truth, shared participation in decision-making, and service to local and global communities – the Wisconsin Experience describes how students develop and integrate these core values across their educational experience.

UW–Madison encourages students to mindfully engage in four core concepts throughout their time on campus: Empathy & Humility, Relentless Curiosity, Intellectual Confidence, and Purposeful Action (<https://wisconsinexperience.wisc.edu/intellectual-confidence/>).

Since its inception, the School of Education has embraced the concepts of the Wisconsin Experience, providing opportunities for students to learn in venues beyond the traditional classroom. Our students also independently seek out related activities and experiences, thus creating their own unique Wisconsin Experience.

HEALTH PROMOTION AND HEALTH EQUITY (HPHE) AND THE WISCONSIN EXPERIENCE

Community Engagement and Research Opportunities

Health Promotion and Health Equity majors are encouraged to get involved in research. Students have participated in labs such as the Promotion of Health Equity & Adapted Physical Activity (PHEAPA) (<https://kinesiology.education.wisc.edu/research/pheapa-lab/>) lab or the Pain, Context, and Innovation (<https://www.shinyekim.com/>) lab.

Students also participate in programs run through the Wisconsin Area Health Education Centers (AHEC), such as the Community Health Internship Program (<https://ahec.wisc.edu/chip/>).

Student Organizations

There are numerous campus student organizations (<https://win.wisc.edu/>) that Health Promotion and Health Equity majors can join to connect with students with similar interests. The Health Promotion and Health Equity Learning Community is an organization led by students in the major; they organize different alumni panels, events, career treks, and study groups for students to connect.

Study Abroad

Health Promotion and Health Equity students can participate in School of Education led study abroad opportunities. These 2-3 week summer courses make it possible for students to have a study abroad experience and still have time to work or pursue other activities during the summer.

Courses currently available to HPHE students include Movement as Medicine in Portugal (<https://studyabroad.wisc.edu/program/?programId=330296>), Culture and Environment in Exercise Physiology

Abroad in New Zealand (<https://studyabroad.wisc.edu/program/?programId=330394>), and Inclusive Activity and Sports in Ireland (<https://studyabroad.wisc.edu/program/?programId=330346>). These courses offer unique learning opportunities for students interested in pursuing careers in allied health, fitness and well-being, health education, and public health.

Career Advising and Internships

The School of Education Career Center (<https://careercenter.education.wisc.edu/>) has a designated advisor for students interested in health careers who can provide connections with hourly campus employment, internships, and career options after graduation. Courses offered in Kinesiology (KINES 110 Exploring Careers in Health and Wellness) and in Rehabilitation Psychology (RP SE 125 Health and Rehabilitation Professions) provide opportunities for students to discover and learn about career pathways they can pursue with their degree with weekly guest speakers from a variety of fields.