

# KINESIOLOGY, B.S.

## FOUR-YEAR PLAN

### Kinesiology: Exercise and Movement Science - Sample Four-Year Plans

A four-year sample graduation plan is designed to guide your course selection throughout your academic career; it does not establish a contractual agreement. Use it along with your DARS report, the Guide, and the Course Search and Enroll app to create a four-year plan reflecting your placement scores, incoming credits, and individual interests. Consult with an academic advisor to develop a personalized plan of study and refer to the Guide for a complete list of requirements. You will likely revise your plan several times during your academic career here, based on your activities and changing academic interests.

Two plans are presented below. The first is for students testing into **MATH 112 Algebra**, followed by a plan for students testing into **MATH 211 Calculus** or **MATH 221 Calculus and Analytic Geometry 1**.

#### For Students Testing Into MATH 112 Algebra

##### Freshman

Fall	Credits	Spring	Credits
Communication A (fall or spring semester)	3	Communication A (fall or spring semester)	3
MATH 112 (also meets Quantitative Reasoning A)	3	KINES 119	2
Liberal Studies course work	9-12	BIOLOGY/ZOOLOGY 101	3
		CHEM 103	4
		Ethnic Studies	3
		Liberal Studies course work	0-3
	<b>15</b>		<b>15</b>

##### Sophomore

Fall	Credits	Spring	Credits
BIOLOGY/ZOOLOGY 102	2	PHYSICS 103	4
CHEM 104	5	STAT 371 or PSYCH 210 (also meets Quantitative Reasoning B)	3
MATH 113 (if intending to take Marh 221)	3	KINES 116	2
PSYCH 202	3	Liberal Studies or General Elective course work	6
Liberal Studies course work	3-6		
	<b>16</b>		<b>15</b>

##### Junior

Fall	Credits	Spring	Credits
KINES 330 or 361	2-3	KINES 361 or 330	2-3
KINES 350 (or EMS Elective) <sup>1</sup>	3	KINES 314	4
ANAT&PHY 335	5	ANAT&PHY 337	3

EMS Elective <sup>1</sup>	3	ANAT&PHY 338	2
		KINES 350 (or EMS Elective)	3
	<b>14</b>		<b>14</b>

##### Senior

Fall	Credits	Spring	Credits
KINES 318 or 300	3	KINES 300 or 318	3
Communication B - Select one of the following in the fall or spring semester	3	PHYSICS 104	4
KINES 355		Communication B - Select one of the following in the fall or spring semester	3
KINES 521		KINES 355	
KINES 600		KINES 521	
MATH 211 or 221	5	KINES 600	
EMS Elective	2	EMS Elective	3
Liberal Studies, EMS Elective or General Elective course work	3-6	Liberal Studies, EMS Elective or General Elective course work	2-5
	<b>16</b>		<b>15</b>

##### Total Credits 120

<sup>1</sup> A total of 11 credits of Kinesiology EMS electives are required. Elective course options are 2-3 credits.

#### For Students Testing Into MATH 211 Calculus or MATH 221 Calculus and Analytic Geometry 1 (Quantitative Reasoning A met)

##### Freshman

Fall	Credits	Spring	Credits
Communication A (fall or spring semester)	3	Communication A (fall or spring semester)	3
CHEM 103	4	KINES 119	2
Liberal Studies course work	8-11	CHEM 104	5
		MATH 211 or 221 (also meets Quantitative Reasoning B)	5
		Liberal Studies course work	0-3
	<b>15</b>		<b>15</b>

##### Sophomore

Fall	Credits	Spring	Credits
BIOLOGY/ZOOLOGY 101	3	PHYSICS 104	4
BIOLOGY/ZOOLOGY 102	2	STAT 371 or PSYCH 210	3
PHYSICS 103	4	KINES 116	2
Ethnic Studies	3	PSYCH 202	3
Liberal Studies course work	4	Liberal Studies or General Elective course work	3
	<b>16</b>		<b>15</b>

**Junior**

<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
KINES 330 or 361		2-3 KINES 361 or 330	2-3
KINES 350 (or EMS Elective) <sup>1</sup>		3 KINES 314	4
ANAT&PHY 335		5 ANAT&PHY 337	3
EMS Elective <sup>1</sup>		3 ANAT&PHY 338	2
		KINES 350 (or EMS Elective)	3
		<b>14</b>	<b>14</b>

**Senior**

<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
KINES 318 or 300		3 KINES 300 or 318	3
Communication B - Select one of the following either in the fall or spring semester		3 Communication B - Select one of the following either in the fall or spring semester (KINES 600 is not offered in the spring)	3
KINES 355		KINES 355	
KINES 521		KINES 521	
KINES 600		EMS Elective	3
EMS Elective		2 Liberal Studies, EMS Elective or General Elective course work	7-10
Liberal Studies, EMS Elective or General Elective course work	7-10		
		<b>15</b>	<b>16</b>

**Total Credits 120**

<sup>1</sup> A total of 11 credits of Kinesiology EMS electives are required. Elective course options are 2-3 credits.