

PROMOTING ACTIVITY FOR DIVERSE ABILITIES, CERTIFICATE

LEARNING OUTCOMES

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1. Demonstrate the ability to increase healthy behaviors and safe activities for persons with diverse abilities.
2. Obtain the skills and knowledge to encourage, empower, and prescribe activity for people who exhibit a wide array of disabling conditions.
3. Identify, create and expand opportunities where larger organizations can create more accessible physical activity programs for those who exhibit diverse abilities.
4. Develop practical skills and knowledge to modify and or adapt activities to minimize the effects of disabling conditions and maximize healthy movement opportunities.