

# PROMOTING ACTIVITY FOR DIVERSE ABILITIES, CERTIFICATE

Are you looking for a great way to gain knowledge and hands-on experience that prepares you for a career in the fields of healthcare, education, fitness, public health, and corporate wellness?

If you answered “yes,” the Promoting Activity for Diverse Abilities (PADA) Certificate – offered through the Department of Kinesiology – is the perfect blend of coursework and experiential learning. Students who have completed the PADA Certificate go on to graduate programs and careers in occupational or physical therapy, speech-language pathology, medicine, nursing, dentistry, counseling, special education, and many other exciting and challenging fields.

The PADA certificate will prepare you with the knowledge and skills to safely promote inclusive physical activities to improve the health and well-being of individuals with disabilities. Plus, you’ll have an opportunity to gain hands-on experience in the Adapted Fitness Program, (<https://kinesiology.education.wisc.edu/academics/certificates/adapted-fitness-and-personal-training/>) which is one of UW’s most sought-after volunteer experiences. Located on campus, Adapted Fitness offers physical activities and exercise training to community-dwelling clients and youth with a wide range of diverse abilities. Students who pursue the PADA certificate receive priority placement for volunteer positions in Adapted Fitness.