Rehabilitation Psychology is the academic home to students interested in the health or helping professions. Students examine various types of disabilities and other short-term or long-term barriers, including physical, mental, intellectual, emotional, and developmental disabilities. Students majoring in Rehabilitation Psychology hold a specific interest in supporting the needs of individuals living with chronic illness and disability.

Coursework in the Rehabilitation Psychology program offers training related to the complex experience of living with physical and mental health conditions, in addition to the services and supports beneficial for collaborating with individuals in pursuit of quality-of-life goals. Courses in psychology, social work, and sociology are also an important part of the major.

A key highlight of the major is a required 240-hour, six-credit, community-based internship (https://rpse.education.wisc.edu/current-students/rehabilitation-psychology-internships/). Through this internship, students gain direct experience serving individuals with disabilities in a professional setting of the student’s choice. Internship experiences frequently assist students with defining their long-term career goals, serve as a stepping stone into graduate study, and often result in permanent employment.

Upon graduation, students typically go on to serve individuals living with CIDs within dynamic helping, healthcare, and sociopolitical settings, or choose to pursue related graduate study in areas such as rehabilitation or mental health counseling, occupational therapy, physical therapy, special education, or other health and human services related programs.