In addition to the School of Human Ecology degree requirements, honors program students must:

- Complete a total of at least 24 honors credits, with at least 12 of the honors credits obtained in Human Ecology coursework.
- Maintain a minimum grade point average of 3.3 in all UW-Madison courses to continue in the honors program.
- Receive a grade of B or above in a course to receive honors credit for that course.
- Complete an honors thesis for at least three, but no more than six, senior honors thesis credits. Students are strongly recommended to consider registering for two semesters of senior honors thesis credits for adequate time to plan and complete the senior honors thesis. Senior honors thesis credits may count toward the 12 credits minimum of Human Ecology honors credits.