1. (Historical Grounding) understanding the historical, political, and cultural forces and conditions that have given rise to the unity and diversity in the region today.

2. (Multi-disciplinarity) analyzing contemporary political, economic, and cultural realities in the region from at least two disciplinary perspectives, ideally including humanities, social sciences and sometimes natural science approaches.

3. (Depth of Knowledge) mastering at the undergraduate generalist level a particular facet of life in the region by taking courses on a particular sub-region or country, or by studying a regional language, or by taking at least two courses on the region in one discipline.