Empathy and humility. The effects of health policy reach into every corner of life, including access to health care and the rising costs of health benefits. To address complex issues, students in health policy learn to value and engage diverse perspectives and question their own biases and assumptions.

Relentless curiosity. Like peeling an onion, the study of health policy invites learners to uncover layers of data and history to explore root causes of poor health outcomes. Why does a person’s zip code predict so much about their health outcomes? Why is U.S. health insurance largely tied to a person’s employment status? What drives the high cost of health care, and what are options for reform? For those with an insatiable curiosity, health policy offers endless discoveries and an ever-changing landscape.

Intellectual confidence. In many cases, great leadership emerges when leaders themselves have the confidence to say “I don’t know.” Public policy studies include deep analysis of the stakeholders in systems, the relationships among those actors, and the incentives that drive behavior. Because of this, students learn to define problems in new ways, ask better questions, and use data to drive insight.

Purposeful action. Health policy has broad implications for the distribution of resources across the public and private sectors. As we learn more about addressing the “upstream” factors that influence health, students gain insights about how to build more prevention-oriented health policy.